



TEXOMA VETERANS RESOURCE GUIDE

PROUDLY PUBLISHED BY



TEXOMA COUNCIL OF GOVERNMENTS, 1117 GALLAGHER DRIVE, SHERMAN, TX 75090



Texoma Veterans

RESOURCE GUIDE

2-1-1 Texoma Area Information Center and Texoma Council of Governments are proud to present the eagerly awaited second edition of the Texoma Veterans Resource Guide. Through collaboration with many area partners, we are able to provide user-friendly access to current and accurate information related to a wide range of military services, resources, and program information in the Texoma and North Texas areas.

Services offered in this guide specifically target the military community and include behavioral health, business development, education/training, employment, family services, financial assistance, healthcare, housing, legal aid, public assistance, transportation and more.

2-1-1 Texoma Area Information Center would like to extend warm thanks to our collaborative committee:

Charles Holcomb, President Vietnam Veterans of America® Chapter 973
Katie Baillio, Rural Veterans Career Advisor Texas Veterans Commission
Marsha Wilson, ADRC Program Manager
Hillerby Printing for their dedication to veterans!

The Texoma Veterans Resource Guide is available online at www.tcog.com

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Texoma Veterans

RESOURCE GUIDE

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CRISIS NUMBERS, CALL FOR HELP

VA SUICIDE PREVENTION/CRISIS LIFELINE: 800-273-8255, PRESS 1

VA SUICIDE PREVENTION/CRISIS TEXT LINE: 838255

TEXOMA COMMUNITY CENTER CRISIS LINE: 877-530-2228 (DAYTIME)

TEXOMA COMMUNITY CENTER CRISIS LINE: 877-277-2226 (AFTER HOURS)

BASIC NEEDS

Grand Central Station – The Dining Car

619 East Houston Street
Sherman, TX 75090
Main: 903-957-0264
www.grandcentralsherman.com

Hours: Mon – Fri, 9:00 am – 1:00 pm;
Sat, 9:00 am – 10:00 am

Eligibility: Veterans and general public who are hungry and in need

Services: Soup kitchen and assorted durable goods when available. Allows persons to shower and wash one load of clothing per week.

Service Area: Grayson County

Honor Veterans Now Meals for Vets

103 Industrial Loop, Suite 1050
Fredericksburg, TX 78624
Main: 800-676-1389
www.mealsforvets.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Must be under 60 years of age with an honorable discharge status and have a financial need

Services: Provides funding for nutritious meals for veterans under 60 who would benefit from home delivered meals.

Service Area: Statewide

Salvation Army of Grayson County Veterans Financial Assistance Program

5700 Texoma Parkway
Sherman, TX 75090
Main: 903-868-9602, Ext. 2

Hours: Mon – Fri, 9:00 am – 5:00 pm, leave message

Eligibility: Honorably discharged veterans

Services: Provides a wide variety of services for veterans, their families and surviving spouses. Services include financial, homelessness prevention, shelter and rapid re-housing. Additional information and referral may be provided including other basic needs like food pantry, clothing, household items, furniture, crisis counseling, and assistance with completing and filing forms.

Service Area: Cooke, Fannin, Grayson Counties

TAPS Public Transportation

3400 Texoma Parkway
Sherman, TX 75090
Main: 844-603-6048
www.tapsbus.com

Hours: Mon – Fri, 9:00 am – 4:00 pm;
Mon – Fri, 7:00 am – 3:00 pm (scheduling line)

Eligibility: Veterans and the general public

Services: Provides both fixed route and on-demand, curb-to -curb public transportation services in North Texas. Must call at least two days in advance to schedule a ride. Also provides free rides to the Bonham VA on the first Tuesday and third Thursday of each month.

Service Area: North Texas

Texas Health and Human Services Commission

Main: 877-541-7905, Option 2; 211, Option 2
Fax: 877-477-2839
www.yourtexasbenefits.com

Hours: Mon – Fri, 8:00 am – 5:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Veterans and the general public

Services: Programs include Texas Medicaid Program, Children's Health Insurance Program (CHIP), Temporary Assistance for Needy Families (TANF), Supplemental Nutrition Assistance Program (SNAP), family and community services.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Cooke County Office

1714 Justice Center Boulevard
Gainesville, TX 76240
Main: 940-665-9315
Fax: 940-665-6754

Fannin County Office

1205 East Sam Rayburn Drive
Bonham, TX 75418
Main: 903-583-5535
Fax: 903-583-4486

Grayson County Office

2001 Loy Lake Road, Suite D
Sherman, TX 75090
Main: 903-892-0581
Fax: 903-870-5301

EMERGENCY SHELTER, FINANCIAL ASSISTANCE, & HOUSING

Air Force Aid Society

1550 Crystal Drive, Suite 809
Arlington, VA 22202
Main: 703-972-2650
www.afas.org

Hours: Mon – Fri, 8:00 am – 4:00 pm; website 24 hours a day, 7 days a week

Eligibility: Active duty, spouse of an active duty service member, retiree or widow/widower

Services: Provides interest-free grants and loans to help meet immediate financial needs. Expenses may include: medical expenses, rent/mortgage, utility bills, vehicle repair and more. Also provides education support and various community programs.

Service Area: Nationwide

American Red Cross – Texoma Chapter

1117 Gallagher Drive, Suite 340
Sherman, TX 75090
Main: 903-465-1330
Fax: 903-465-4230
www.redcross.org

Hours: Mon – Thur, 8:00 am – 5:00 pm;
Fri, 8:00 am – 12:00 pm; disaster services 24 hours a day, 7 days a week

Eligibility: Military members, veterans and families

Services: Assists Armed Forces, military members, veterans and their families prepare for the challenges of military service. Emergency communications, training, and support to wounded warriors and veterans, and access to emergency communications services.

Service Area: Nationwide

Army Emergency Relief

2530 Crystal Drive, Suite 13161, 13th Floor
Arlington, VA 22202
Main: 866-878-6378
www.armyemergencyrelief.org

Hours: Mon – Fri, 7:30 am – 4:30 pm; website 24 hours a day, 7 days a week

Eligibility: Soldiers on active duty and their dependents, retired soldiers and their eligible family members, widowers and orphans of soldiers who died while on active duty or white retired, members of the Army Reserve or Army National Guard on continuous active duty for more than 30 consecutive days and their eligible family member

Services: Provides emergency financial assistance in the form of interest-free loans or grants for certain eligible expenses. Expenses may include: medical expenses, rent/mortgage, utility bills, vehicle repair.

Service Area: Nationwide

Building Homes for Heroes

Main: 516-684-9220
www.buildinghomesforheroes.org

Hours: Mon – Fri, 9:00 am – 5:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Served and injured during Iraq or Afghanistan wars

Services: Builds or modifies homes, and gifts them, mortgage-free, to veterans and their families.

Service Area: Nationwide

Catholic Charities of Dallas

1421 West Mockingbird Lane
Dallas, TX 75247
Main: 866-223-7500
Fax: 214-520-6595
www.ccdallas.org

Hours: Mon – Fri, 8:00 am – 5:30 pm

Eligibility: Veterans needing advocacy and services

Services: Strengthening families, alleviating hunger, preventing homelessness and other services are available.

Service Area: North Texas

Catholic Charities of Fort Worth

249 West Thornhill Drive
Fort Worth, TX 76115
Main: 817-534-0814
www.catholiccharitiesfortworth.org

Hours: Mon – Fri, 7:30 am – 5:00 pm

Eligibility: Veterans needing advocacy and services

Services: Financial assistance, clinical counseling, Immigration and refugee services, abuse and neglect, intervention, translation/interpretation services.

Service Area: North Texas

Catholic Charities - Secondary Location Veterans Service Center

907 Holiday Street
Wichita Falls, TX 76301
Main: 940-761-9669
veteranservicesnw@ccdsw.org

Clyde W. Cospers Veterans Home

1300 Seven Oaks Road
Bonham, TX 75418
Main: 903-640-8387
Fax: 903-640-4281

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Honorably discharged veterans, spouses and gold star parents

Services: Veterans home including a certified, secured Alzheimer's unit, operating exclusively for Texas veterans and their spouses.

Service Area: Statewide

Coast Guard Mutual Assistance

1005 North Glebe Road, Suite 220
Arlington, VA 22201
Main: 800-881-2462
www.cgmahq.org

Hours: Mon – Fri, 5:00 am – 4:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Active duty, retired military personnel, civilian employees, reserve members, auxiliary members, surviving family members

Services: Provides several assistance programs such as: emergency financial assistance, education programs, medical/dental assistance, housing assistance and debt management counseling.

Service Area: Nationwide

Endeavors**Supportive Services for Veteran Families**

6060 North Central Expressway, Suite 639
Dallas, TX 75206
Main: 214-932-6276
www.endeavors.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Qualified veterans and their families

Services: Provides homelessness prevention services for eligible veterans. Offer outreach, case management, help in obtaining Veterans Administration (VA) benefits, and assistance in obtaining and coordinating other public benefits. Low income, qualified veterans and their families, who agree to a 90-day case management program, may receive financial assistance with rent, utilities, deposits and moving costs.

Service Area: North Texas

Family Promise of Grayson County

901 E Houston Street, Suite 100
Sherman, TX 75090
Main: 903-771-0322
www.familypromisegraysong.org

Hours: Mon – Fri, 8:00 – 5:00 pm

Eligibility: Families with children ages 17 years and under; must be currently homeless or facing homelessness; must be drug/alcohol free with no history of violence within the last year

Services: Partners with area churches to provide food, shelter, transportation, job training, budgeting and other support services to Grayson County families with children (17 & under) that are experiencing homelessness so they are able to gain sustainable independence.

Service Area: Grayson County

Grayson County Crisis Center

4200 North Travis Street
Sherman, TX 75090
Main: 903-893-3909
24 Hour Hotline: 903-893-5615
www.graysoncrisiscenter.org

Hours: 24 hours a day, 7 days a week

Eligibility: General public needing assistance with domestic or sexual abuse crisis

Services: Provides a haven, including crisis intervention and comprehensive support services to victims of family violence, sexual assault, and their witnessing children.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Homes for Texas Heroes

2200 East Martin Luther King Junior Boulevard
Austin, TX 78702
Main: 877-508-4611
www.tsahc.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Adults who are veterans or in the following occupations: teachers, police officers, correctional officers, fire fighters and EMS personnel

Services: Provides home buyer assistance specifically for teachers, police officers, correctional officers, fire fighters and EMS personnel, and veterans meeting certain income requirements.

Service Area: Statewide

Hometown Heroes

Ebby Halliday Realtors

3445 FM 1417
Sherman, TX 75092
Main: 540-209-1918
www.bethappleby.ebby.com

Hours: Mon – Sat 8:30 am – 5:30 pm

Eligibility: Veterans with at least 180 days of service

Services: Provides leasing information for veterans seeking rental properties. Program also provides a free real estate rebate and information for home buyers or sellers upon closing.

Service Area: Cooke, Fannin, Grayson Counties

Navy-Marine Corps Relief Society

1515 Chennault Avenue
Fort Worth, TX 76127
Main: 817-782-6000
www.nmcrrs.org

Hours: Mon – Fri, 9:00 am – 3:00 pm; website 24 hours a day, 7 days a week

Eligibility: Active duty or retired Sailors and Marines, surviving spouses, and reservists on active duty

Services: Provides financial assistance and counseling, education assistance, emergency travel assistance and disaster relief.

Service Area: Nationwide

Operation Texas Strong

Main: 940-463-5230
www.bit.ly/operationtexasstrong

Hours: Mon – Fri, 9:00 am – 5:00 pm

Eligibility: Provide DD214 or Texas Driver's License providing Veterans status

Services: Program is dedicated to giving back and serving our struggling Veterans in the surrounding Weatherford/DFW community by fixing and refurbishing old or broken RVs and gifting them to our Veterans in need of clean, safe homes.

Service Area: North Texas

Sam Rayburn Memorial Veterans Center Domiciliary Programs

1201 East 9th Street
Bonham, TX 75418
Main: 903-583-6441
Admissions: 214-857-2519
www.northtexas.va.gov

Hours: Mon – Fri 8:00 am – 4:30 pm and by appointment

Eligibility: For Veterans needing a home environment

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Early Phase: Provides a safe, structured residential program for Veterans who are waiting for admission to primary substance abuse treatment, who are homeless or demonstrate inability to maintain abstinence in their "home" environment; and provides time to clear cognitively from the effects of their substance abuse.

Late Phase: Domiciliary Substance Abuse Program provides bio-psychosocial rehabilitation for chemically dependent Veterans. It is extended residential aftercare program for individuals who have completed primary chemical dependency treatment. Call for specific admission criteria.

Sam Rayburn Memorial Veterans Center Residential PTSD Program

1201 East 9th Street
Bonham, TX 75418
Main: 903-583-6441
Admissions: 214-857-2519
www.northtexas.va.gov

Hours: Mon – Fri, 8:00 am – 4:30 pm and by appointment

Eligibility: For Veterans suffering from PTSD and needing a home environment

Services: Provides PTSD treatment in a safe, structured residential program.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

**Salvation Army of Grayson County
Emergency Shelter**

5700 Texoma Parkway
Sherman, TX 75090
Main: 903-868-9602

Hours: 24 hours a day, 7 days per week; check in time for returning guests and intake for new guests is at 6:00 pm daily

Eligibility: Homeless men age 18 years and older

Services: Provides shelter for homeless men for up to 30 days maximum. Shelter residents must be actively seeking permanent housing, employment or other financial support.

Service Area: Cooke, Fannin, Grayson Counties

**Texas Department of Public Safety Disabled
Veteran's License Fee Exemption
Designation Services**

www.dps.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Disabled veteran honorably discharged from service; has a service-related disability of at least sixty (60) percent; receives compensation from the US because of the disability; and is not subject to the sex offender registration requirements

Services: The fee for any driver license transaction will be waived for a qualified disabled veteran. May also include a designation of "VETERAN" on the driver's licenses issued to eligible veterans.

Service Area: Statewide

Cooke County Office

206 West California Street
Gainesville, TX 76240
Main: 940-665-3924

Fannin County Office

1203 East Sam Rayburn Drive
Bonham, TX 75418
Main: 903-304-6300

Grayson County Office

1413 Texoma Parkway
Sherman, TX 75090
Main: 903-813-3420

**Texas National Guard
Family Support Foundation**

Main: 512-535-0053
www.txngfsf.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Current or retired Texas National Guard members and their families

Services: Financial assistance provided on a loan or grant basis for Texas National Guard (Army and Air) members and their families with priority on deployed service members. Covers basic living needs such as rent, mortgage, utilities, car expense, and medical needs.

Service Area: Statewide

**Texas Parks and Wildlife
Texas Parklands Passport**

Main: 512-389-4800
www.tpwd.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Senior or disabled veterans, 65 and older, veterans of the US Armed Services holding a 60% or loss of a lower extremity

Services: Provides discounts for disabled veterans to gain access to state parks. Passes are obtained at any state park.

Service Area: Statewide

**Texas Veterans Land Board
Home Improvement Program**

1700 North Congress Avenue
Austin, TX 78701
Toll Free: 800-252-8387
www.vlb.texas.gov

Hours: Mon – Fri, 7:30 am – 5:30 pm

Eligibility: Veterans, military members and their spouses. Eligibility determinations are made on a case-by-case basis after visiting the web page and answering some questions

Services: Lends eligible Texas veterans up to \$50,000 for up to 20 years on a fixed-rate note to make substantial repairs to their existing primary residence. No down payment is required. For loans of \$7,500 - \$10,000 or less, the loan term is ten years.

Service Area: Statewide

Texas Veterans Land Board Home Loans

1700 North Congress Avenue
Austin, TX 78701
Toll-Free: 800-252-8387
www.vlb.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans, military members and their spouses.

Services: Assists veterans in purchasing a home with a competitive, low interest loan with little to no down payment. Veterans with a VA service-connected disability rating of 30% or greater qualify for a discounted interest rate. Assists veterans with housing financing for below market interest rates on VA-guaranteed, FHA-insured, or conventional mortgage loans of amounts up to \$548,250 for 15, 20, 25 or 30 year terms.

Service Area: Statewide

Texas Veterans of Foreign Wars Foundation Veterans Assistance Program

8503 North I-35
Austin, TX 78753 Main:
512-291-6850
www.texasvfw.org

Hours: Mon – Thur, 7:00 am – 4:00 pm;
Fri, 7:00 am – 1:00 pm

Eligibility: Honorably discharged Texas veterans; current Armed Forces, Reserve or National Guard with at least 180 days of active duty; or immediate family member of qualifying veteran or service member

Services: Provides life sustaining needs assistance to qualifying veterans, spouses, dependent children, dependent parents and surviving spouses; may pay for household expenses, rent, utilities, mortgage, automobile payments or automobile insurance.

Service Area: Statewide

Texoma Family Shelter

331 West Morton Street
Denison, TX 75020
Main: 903-465-6041
www.texomafamilyshester.com

Hours: 24 hours a day, 7 days a week

Eligibility: Families, women at least 23 years of age, men must be 45 or older if single

Services: 24-hour living facility for homeless families and individuals in a secure, family environment.

Service Area: Grayson County

U.S. Department of Housing and Urban Development Veterans Affairs Supportive Housing - HUDVASH

1201 East 9th Street
Bonham, TX 75418
Main: 903-583-1350
www.northtexas.va.gov

Hours: Mon – Fri, 9:00 am – 3:00 pm

Eligibility: Any eligible veteran meets HUD's income limits and is homeless or may become homeless who needs information about many homeless veteran programs may be eligible

Services: Provides a program, which is a joint effort between HUD and VA to move Veterans and their families out of homelessness and into permanent housing. This is done through the Housing Choice Voucher Program.

Service Area: Nationwide

VFW National Home for Children Family Program

3573 South Waverly Road
Eaton Rapids, MI 48827
Main: 800-313-4200
www.vfwnationalhome.org

Hours: Mon – Fri, 7:00 am – 3:30 pm

Eligibility: Stay-behind spouses and children of members of Active Duty military, National Guard and Reserves

Services: Offers long and short-term residency for school aged children, grandchildren, and great-grandchildren of VFW or ladies auxiliary members, and active duty military service personnel.

Service Area: Nationwide

COUNSELING & SUPPORT SERVICES

One Tribe Foundation

13625 Neutron Road

Dallas, TX 75244

Main: 214-462-7229

www.1tribefoundation.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: For veterans who need to connect with others dealing with mental health issues

Services: Raises awareness not just towards veteran suicide, but also issues leading to suicide. These mental health issues can stem from Post-Traumatic Stress, Traumatic Brain Injury, or the struggles and stresses of transitioning from military to civilian life. Serves as a resource for veterans, and continues to build on its network of like-minded organizations to be able to connect veterans with programs and services in their local area. Funds raised through merchandise sales and donations are used to support partnered organizations who offer programs focusing on veteran empowerment, mental health treatment, and therapy/counseling for veterans and their families.

Service Area: Nationwide

American Ex-Prisoners of War

3201 East Pioneer Parkway, Suite 40

Arlington, TX 76101

Main: 817-649-2979

www.axpow.org

Hours: Mon – Fri, 8:30 am – 4:30 pm

Eligibility: Former POW (military or civilians)

Services: Support group helps those affected by their capture deal with the trauma through friendship of those who shared a common experience.

Service Area: Nationwide

Applied Psychology Group of Texoma

600 East Taylor Street, Suite 4011

Sherman, TX 75090

Main: 903-893-0298

www.apgtexoma.com

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Provides psychological counseling, neuropsychological evaluations, family, marriage, and individual counseling, bonding assessments, forensic consultations for psychological evaluations and tests for PTSD.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Bring Everyone in the Zone

Post-Traumatic Stress Disorder/Peer Support Groups

Main: 903-267-0166

Eligibility: Active duty, reserves, guard, veterans and their families

Services: Provides free confidential peer-to-peer support group meetings, and military sexual assault counseling led by trained professional facilitators. Other agency referrals may be given if needed.

Service Area: Cooke, Fannin, Grayson Counties, Southern Oklahoma and North Texas

Cooke County

1103 Throckmorton Street

Gainesville, TX 76240

Hours: 2nd and 4th Tue of each month at 7:00 pm

Grayson County

The Walker House

1100 West Walker Street

Denison, TX

Hours: 2nd and 4th Mon of each month at 6:00 pm

CPD Integrated Healthcare

1105 Memorial Drive

Denison, TX 75020

Main: 903-337-0343

www.cpdintegratedhealth.com

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Clinic provides psychological evaluation, counseling and treatment. Also offers primary healthcare services and medication management.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Four Rivers Outreach, Inc.

210 South Rusk Street

Sherman, TX 75090

Main: 903-870-4000

www.fourivers.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and general public

Services: Provides a Residential Transitional Living Program for men who are in recovery from substance and alcohol abuse. Provides life skills classes, GED classes, adult literacy, job skills/placement, 12 step spiritual classes.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Enduring Families Tele-Mental Health Service

2700 Airport Freeway

Fort Worth, TX 76111

Main: 877-332-6329

www.enduringfamilies.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and their immediate family members

Services: Free and confidential counseling services through Enduring Women and Enduring Families Veteran Services Programs. Enduring Women provides group counseling and peer navigation to women veterans dealing with PTSD, depression, anxiety, military sexual trauma, reintegration, substance abuse and parenting issues. Enduring Families provides counseling for veterans and family members to meet needs for individuals, couples, family therapy or parenting counseling.

Service Area: Statewide

Gallant Few, Inc.

www.gallantfew.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Active duty and veterans, regardless of discharge type

Services: Coaches and mentors veterans through the transition process, assessing skills, desires and abilities and offers training and networking. Provides physical, social, professional and emotional support and works to prevent unemployment, homelessness and suicide.

Service Area: Statewide

Give an Hour

www.giveanhour.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans, active duty military and their families

Services: Provides a search tool to locate mental health providers that offer free counseling to military personnel and their families. Video and telephone counseling options may also be available.

Service Area: Nationwide

Lakes Regional Community Center

www.lakesregional.org

Eligibility: Veterans, general public with substance abuse or addictive behaviors

Services: Links to the Veterans Crisis Line and Confidential Veterans Chat. Helps those understand the reasons they turn to drugs or alcohol and teaches coping skills.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Bonham Office

410 West Sam Rayburn Drive

Bonham, TX 75418

Main: 903-583-0060

After Hours: 877-466-0660

www.lakesregional.org

Hours: Mon – Thur, 10:00 am – 8:00 pm

Sherman Office

809 Gallagher Drive

Sherman, TX 75090

Main: 903-892-8185

After Hours: 877-466-0660

www.lakesregional.org

Hours: Mon – Thur, 10:00 am – 8:00 pm

Military Veteran Peer Network

The Walker House

1100 West Walker Street

Denison, TX 75090

Main: 903-267-0166

www.milvetpeer.net

Hours: Mon – Fri, 9:00 am – 5:00 pm

Eligibility: Veteran, family member or service member

Services: Establishes camaraderie and trust with each other, identifying and vetting community resources and, collectively, training and volunteerism. Also committed to support each other and train in Peer Support and Mental Health Awareness so that they can advocate appropriately. Volunteers include peers, peer group leaders and citizens.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

**National Alliance on Mental Illness (NAMI)
Texoma Region**

Main: 903-814-7121
www.nami.org

Hours: Meets 3rd Thur of each month, 6:00 pm at Parkview Church of Christ, 815 South Dewey Street, Sherman, Texas.

Eligibility: Veterans, public in need of mental health support services

Services: Provides separate support groups for both consumers (individual) with mental illness and their caregivers (parents, other family members, and friends).

Service Area: Cooke, Fannin, Grayson Counties, North Texas

New Directions Veterans Program

220 Sunset Boulevard, Suite C-2
Westwood Village Shopping Center
Sherman, TX 75092
Main: 903- 436-8816
www.makedreamsreal15.org

Hours: Call for information, call to leave a message

Eligibility: Veterans, Active Duty, regardless of discharge status

Services: Provides PTSD classes and basic needs assistance

Service Area: North Texas

**Sam Rayburn Memorial Veterans Center
Mental Health Outpatient Clinic**

1201 East 9th Street
Bonham, TX 75418
Main: 903-583-6240
Other: 903-583-6241
www.northtexas.va.gov

Hours: Mon – Fri, 8:00 am – 4:30 pm

Eligibility: Veterans with a mental health diagnosis

Services: General mental health, team offers pharmacotherapy, individual, and group therapy to veterans from a wide variety of services and treatment presentations. Also provides services for PTSD, sexual abuse, anxiety and depression. Tele-health services are included via video calls available.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Stop Soldier Suicide

Main: 844-907-1342
www.stopsoldiersuicide.org

Hours: Mon – Fri, 8:00 am – 4:00 pm; website 24 hours a day, 7 days a week

Eligibility: All service members, veterans and military families from every branch and every generation, regardless of discharge status

Services: Conducts assessments with service members, creates a veteran-centered wellness plan, matches service members and veterans with resources and provides follow-up care. Resources may include: mental health, education, emergency financial aid, education, housing assistance, alternative therapies and much more.

Service Area: Nationwide

**Texoma Community Center
Mental Health Services**

315 West McLain Street
Sherman, TX 75090
Main: 903-957-4700
Toll-Free: 877-530-2228
24 Hour Hotline: 877-277-2226
www.texomacc.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Provides or arranges for screening and assessment services, rehabilitative and skills training services, medication education services, criminal justice services, family and community support service, case management and 24/7 crisis intervention services. The program serves adults with severe mental illness.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

The Walker House – Veteran Support Services

1100 West Walker Street
Denison, TX 75020
Main: 903-267-0166
www.texomacc.org

Hours: Mon, 4:00 pm – 6:00 pm;

Tue – Fri, 9:00 am – 1:00 pm

Eligibility: Veterans and family members

Services: Offers a veterans house which offers many services to veterans which include peer support groups, a relaxed place to visit, work-out, cook out, and provides an office for working on resumes and professional correspondence.

Service Area: Cooke, Fannin, Grayson Counties

**U.S. Department of Veterans Affairs
Aid & Attendance and Housebound**

Pension Intake Center
PO Box 5365
Janesville, WI 53547
Main: 800-827-1000
www.benefits.va.gov

Hours: Mon – Fri, 7:00 am – 8:00 pm

Eligibility: Veteran must have a single permanent disability evaluated as 100 percent disabling, and be permanently and substantially confined to his or her immediate premises. Veteran may also have a single permanent disability or disabilities and be evaluated as 60 percent disabling. Further eligibility questions may be directed to a VA benefits counselor.

Services: Offers a housebound benefit and a monthly pension.

Service Area: Nationwide

**U.S. Department of Veterans Affairs
National Caregiver Support Line**

Main: 855-260-3274
www.caregiver.va.gov

Hours: Mon – Fri, 7:00 am – 9:00 pm;
Sat, 7:00 am – 4:00 pm

Eligibility: Caregivers of veterans

Services: Provides a hotline to answer caregiver questions, listen to concerns, and link individuals to a Caregiver Support Coordinator at the closest VA Medical Center. Also offers free, monthly one hour telephone education calls for caregivers.

Service Area: Nationwide

**U.S. Department of Veterans Affairs
National Hotline for Homeless Veterans**

Toll Free: 877-424-3838 (877-4-AID-VET)
www.veteranscrisisline.net/get-help/chat

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans, their families and friends

Services: Homeless hotline assists homeless veterans and their families. Provides an online interactive chat.

Service Area: Nationwide

Veterans Crisis Line

Main: 800-273-8255, Press 1
Text: 838255
www.veteranscrisisline.net

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans in crisis

Services: Connects Veterans in crisis and their families with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

Service Area: Nationwide

Veterans Freedom Retreat

www.veteransfreedomretreat.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans experiencing PTSD

Services: Provides a weeklong free retreat for veterans and their partners to become free from the stress of past traumas. Using different therapies, the program focuses on the veteran, their partner, and the entire family.

Service Area: North Texas

**Veterans of Foreign Wars
Helpline for Military Families**

3573 South Waverly Road
Eaton Rapids, MI 48827
Main: 800-313-4200
www.vfwnationalhome.org

Hours: Mon – Fri, 7:00 am – 3:30 pm, voice messaging available after hours. Calls returned the next business day.

Eligibility: Military and veteran families

Services: Offers information, referral and advocacy services to military and veteran families. The Helpline is staffed by professionals who understand the unique challenges faced by military families today. Email is also a contact option at info@vfwnationalhome.org.

Service Area: Nationwide

**Veterans of Foreign Wars Foundation
Unmet Needs Program**

406 West 34th Street
Kansas City, MO 64111
Main: 866-789-6333
Fax: 816-968-2779
www.vfw.org/assistance/financial-grants

Hours: Mon – Thur, 7:00 am – 4:00 pm;
Fri, 7:00 am – 1:00 pm

Eligibility: Veteran, service member, or eligible dependent listed under the Defense Enrollment Eligibility Reporting System (DEERS). Must also have an eligible financial hardship relating to military service

Services: Emergency financial assistance with expenses that are classified as “basic life needs” such as household expenses, repairs, vehicle expenses, child care, medical, prescriptions, and eyeglasses.

Service Area: Nationwide

LEGAL SERVICES

American Bar Association Veterans Legal Services Initiative

Service Center Hotline: 800-285-2221

www.americanbar.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans needing legal assistance

Services: Provides legal services for veterans.

Service Area: Nationwide

American Immigration Lawyers Association Military Assistance Program

Main: 202-507-7600

www.aila.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Active duty service member or recent veteran with a rank of E-6 or lower

Services: Matches eligible service members with a pro bono immigration attorney.

Service Area: Nationwide

Legal Aid of Northwest Texas

Main: 800-906-3045

www.lanwt.org

Eligibility: Veterans and the general public who are low-income

Services: Free explanation of veterans benefits, legal assistance with housing, family law, consumer issues, civil rights, community economic development, education, public benefits and employment.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Cooke County

1525 West California Street

North Central Texas College, Building 800, Room 802

Gainesville, TX 76240

Main: 800-955-1407

Hours: 4th Thur of each month, 5:00 pm

Fannin County

810 West 16th Street

Bonham Housing Authority

Bonham, TX 75418

Hours: Quarterly, call for schedule

Grayson County

2800 Canyon Creek Drive

Grace United Methodist Church

Sherman, TX 75092

Hours: 1st Thur of each month, 6:00 pm

National Military Family Association, Inc.

3601 Eisenhower Avenue, Suite 425

Alexandria, VA 22304

Main: 703-931-6632

Fax: 703-931-4600

www.militaryfamily.org

Hours: Mon – Fri, 7:00 am – 3:00 pm

Eligibility: Active military and their families Services:

Educates and supports military families concerning their rights, benefits and services available to them. Also provides information and additional resources when needed.

Service Area: Nationwide

National Personnel Records Center

Military Personnel Records

1 Archives Drive

St. Louis, MO 63138

Main: 866-272-6272

www.archives.gov

Hours: Mon – Fri, 8:00 am – 4:00 pm

Eligibility: Veterans, next of kin of a deceased veteran or a former member of the military

Services: Helps veterans to obtain copies of their military service records and replace lost medals.

Service Area: Nationwide

Texas Lawyers for Texas Veterans

Texas Law Center

1414 Colorado Street

Austin, TX 78701

Main: 512-427-1463

Toll-Free: 800-204-2222

www.texasbar.com

Hours: Call for scheduled clinic hours

Eligibility: Veterans, spouses and their families

Services: Volunteer attorneys provide free legal advice to low-income veterans and their families via legal clinics facilitated through local legal aid agencies.

Service Area: Statewide

Texas Veterans Legal Assistance Project

Main: 800-622-2520, Option 2

www.tlsc.org/veterans

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Texas veteran, spouse, surviving spouse or a dependent of a veteran that meet income guidelines of at or below 200% of the Federal Poverty Guidelines

Services: Provides legal assistance at no charge to low-income veterans, spouses, dependents and surviving spouses.

Service Area: Statewide

**U.S. Citizenship and Immigration Services
Military Help Line**

6500 East Campus Circle Drive
Irving, TX 75063
Main: 877-247-4645
www.uscis.gov/military

Hours: Mon – Fri, 8:00 am – 4:00 pm

Eligibility: Veterans, current members of the US military and their families

Services: Assists members of the U.S. Armed Forces, their spouses and children who may have immigration issues or uscis.gov processing needs.

Service Area: Nationwide

**Veterans Consortium Pro Bono Program
Legal Representation Services**

Main: 888-838-7727
www.vetsprobono.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Must be a veteran or qualifying family member of the veteran, have received a denial from the Board of Veterans' Appeals (VBA), Do not have an attorney, Program can identify at least one meritorious issue to be argued before the Court

Services: Provides pro bono legal representation to unrepresented veterans or their family members who have filed appeals at the US Court of Appeals for Veterans Claims. TVC operates a global federal Veterans Pro Bono Program on behalf of the U.S. Court of Appeals for Veterans Claims to represent veterans unjustly denied benefits or compensation earned from military service.

Service Area: Nationwide



EMPLOYMENT, JOB TRAINING, BUSINESS, & ENTREPRENEURSHIP

Grayson College Small Business Development Center

6101 Grayson Drive
Denison, TX 75092
Main: 903-463-8787
www.graysonsbdc.org

Hours: Mon – Fri, 8:00 am – 4:00 pm

Eligibility: Veterans interested in starting a business

Services: Assists veterans who want to start or expand a small business and/or apply for a VA loan to start a business. Small Business Development Centers offer business startup classes and confidential one-on-one counseling to entrepreneurs and established small business owners.

Service Area: Fannin, Grayson Counties

Hire Heroes USA

1360 Union Hill Road, Building 2, Suite A
Alpharetta, GA 30004
Main: 844-634-1520
www.hireheroesusa.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: For military veterans or their spouses

Services: Uses military and business professionals to train veterans in the skills of self-marketing and supports career search to find good jobs. Through group workshops and efforts to connect job seekers with veteran-friendly companies, veterans get personal assistance to overcome barriers to employment.

Service Area: Nationwide

Heroes Thanking Heroes

Coalition to Salute America's Heroes
552 Fort Evans Road, Suite 300
Leesburg, VA 20176
Main: 888-447-2588
www.saluteheroes.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Service members who sustained a severe injury during combat in Operation Iraqi Freedom or Operation Enduring Freedom, or in support of those operations, with a disability rating by the Department of Defense or Veterans Affairs of 30% or greater from a single sustained injury; completion of a phone interview

Services: Provides a six month transitional part-time, flexible employment to wounded veterans or their primary caregivers enabling them to make phone calls from their homes. Also offers qualified participants some basic training and experience work in a virtual call center, thereby preparing them for other potential jobs requiring similar skills.

Service Area: Nationwide

Military Spouse Jobs

www.militaryspousejobs.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Active Duty, Reserves, or National Guard, or have completed service

Services: Provides personalized, 1-on-1 job placement support, career exploration, and employment training at no cost to military spouses or employer partners.

Service Area: Nationwide

North Central Texas College Small Business Development Center

Gainesville Chamber of Commerce
311 South Weaver Street
Gainesville, TX 76240
Main: 940-498-6470
www.nctc.edu/small-business-development-center

Hours: Mon – Thur, 8:00 am – 5:00 pm;

Fri, 8:00 am – 12:00 pm

Eligibility: Veterans interested in starting a business

Services: Assists veterans who want to start or expand a small business and/or apply for a VA loan to start a business. Small Business Development Centers offer business startup classes and confidential one-on-one counseling to entrepreneurs and established small business owners.

Service Area: Cooke, Denton, Montague Counties

Sam Rayburn Memorial Veterans Center Transitional Work Experience Program

1201 East 9th Street
Bonham, TX 75418
Main: 903-583-6244
www.northtexas.va.gov

Hours: Mon – Fri, 8:00 am – 4:30 pm,
by appointment

Eligibility: For veterans with a poor work history, lacking job readiness skills, must be drug free

Services: Provides services to veterans to renew their work habits, behaviors and attitudes while saving funds to reenter the community.

Service Area: Cooke, Fannin, Grayson Counties,
North Texas

Texas Veterans Commission

Employment Services

2415 South Austin Avenue, Suite 105

Denison, TX 75020

Main: 903-463-9997, ext. 654

Fax: 903-463-3037

www.tvc.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans who need assistance with various services

Services: Assists veterans with finding employment through job matching and intensive services; provides transitional assistance to National Guard, Reserve and regular military personnel and improve and expand employment opportunities for veterans with disabilities. Provides access to TVC job openings, job fairs, transition from the military to the civilian workplace, simplify veteran hiring practices, links employers and qualified veterans, offers employer awards that provide outstanding services to Texas veterans, assistance with state application forms, including veterans preference in employment with State agencies or offices, and assistance with re-employment rights.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

U.S. Department of Labor Uniformed Service Employment and Reemployment Rights Act

525 South Griffin Street, Room 858

Dallas, TX 75202

Main: 972-850-4715

www.dol.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Active military, Reserve and Guard members who have been called, initial active duty for training, or full-time National Guard duty

Services: Provides information about employment rights and laws, employee benefits, job entitlements, employer obligations, and other information about the Uniformed Services Employment and Reemployment Rights Act.

Service Area: Nationwide

U.S. Department of Labor

Veterans Employment and Training Services

525 South Griffin Street, Room 858

Dallas, TX 75202

Main: 972-850-4715

Fax: 972-850-4716

www.dol.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and military reservists

Services: Provides various employment and training programs for veterans, military reservists, and service members transitioning into civilian life, veterans with disabilities, and homeless veterans.

Service Area: Nationwide

U.S. Department of Labor

Veterans Employment Opportunity Act

525 South Griffin Street, Room 858

Dallas, TX 75202

Main: 972-850-4715

Fax: 972-850-4716

www.dol.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans who are disabled or have served on active duty in the Armed Forces during certain specified periods, or in military campaigns; must have been discharged or released from active duty under honorable conditions

Services: Provides information about employment rights and laws, employee benefits, job entitlements, employer obligations, and other information about the Veteran's Employment Opportunity Act VEOA.

Service Area: Nationwide

U.S. Department of Veterans Affairs

Vocational Rehabilitation and Employment

701 Clay Avenue, 1 Veterans Plaza

Waco, TX 76799

Main: 800-827-1000

www.benefits.va.gov

Hours: Mon – Fri, 8:30 am – 4:00 pm

Eligibility: Service members and veterans

Services: Vocational rehabilitation and employment services help with job training, employment, resume development, job seeking skills coaching, and startups.

Service Area: Nationwide

Veterans Roofing

5312 Bella Vista Drive

Sherman, TX 75090

Main: 903-821-4983

www.veteransroofingllc.com

Hours: Mon – Sat, 8:00 am – 7:00 pm

Eligibility: Veterans and the general public

Services: Provides employment opportunities for veterans. Also donates a portion of the profits to veteran organizations and local law enforcement.

Service Area: North Texas

Vet Fran

1900 K Street North West, Suite 700

Washington, DC 20006

Main: 202-662-7781

www.vetfran.org

Hours: Mon – Fri, 8:00 am – 5:30 pm;

website 24 hours a day, 7 days a week

Eligibility: Veterans interested in becoming business owners and franchisors interested in recruiting veterans for franchise opportunities

Services: Educates veterans about the entrepreneurship opportunities of franchising, while working with franchisors to help make effective veterans recruitment and hiring a core part of their values, culture and strategy. Website also provides a nationwide directory of veteran owned businesses.

Service Area: Nationwide

VetJobs

www.vetjobs.com

Hours: Website 24 hours a day, 7 days a week

Eligibility: Must provide a resume and contact the Career Specialist or take the live training course.

Services: Provides job training, resume reviews for employment advancement.

Service Area: Nationwide

Workforce Solutions Texoma

www.workforcesolutionstexoma.com

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Provides employment services, access to unemployment insurance benefits, childcare assistance, and state services.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Cooke County Office

900 North Grand Avenue, Suite 103

Gainesville, TX 76240

Main: 940-665-1121

Fax: 940-668-2366

Fannin County Office

1205 East Sam Rayburn Drive, Suite B

Bonham, TX 75418

Main: 903-640-0222

Fax: 903-640-0052

Grayson County Office

2415 South Austin Avenue, Suite 105

Sherman, TX 75020

Main: 903-463-9997

Fax: 903-463-3073

Workforce Solutions Texoma**Vocational Rehabilitation**

2415 South Austin, Suite 105

Denison, TX 75020

Main: 903-463-9997

www.workforcesolutionstexoma.com

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Assists persons with mental, physical, or cognitive disabilities regain or maintain competitive employment through vocational rehabilitation.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Workforce Solutions Texoma**Texas Veterans Leadership Program**

2415 South Austin Avenue, Suite 105

Denison, TX 75020

Main: 903-463-9997

www.workforcesolutionstexoma.com

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Returning veterans of Iraq and Afghanistan

Services: Provides a resource and referral network that serves to connect returning veterans of Iraq and Afghanistan with the resources and tools they need to lead productive lives and enjoy the full benefits of the society they have willingly served. Provides information surrounding employment, education and community resources.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

EDUCATION

Air Force Aid Society, Inc.

Main: 703-972-2650

www.afas.org

Hours: Mon – Fri, 8:00 am – 4:30 pm

Eligibility: Air Force personnel and their families

Services: Serves as the official charity of the United States Air Force. Provides worldwide emergency assistance, sponsoring education assistance programs, and offers an array of base community enhancement programs that improve quality of life for airmen and guardians.

Service Area: Nationwide

Gratitude Initiative

101 Vintage Drive, Suite 100

Red Oak, TX 75154

Main: 979-353-1260

www.gratitudeinitiative.org

Hours: Leave a message; apply online

Eligibility: Children and families of military service members, veterans, disabled veterans, and those killed while on active duty

Services: Provides free college planning and academic support services to military and veteran children; awards college scholarships to students planning to attend college or technical school; to raise awareness of the challenges faced by military and veteran households.

Service Area: Nationwide

Grayson College Veterans Office

6101 Grayson Drive

Denison, TX 75020

Main: 903-415-2615

Fax: 903-463-5284

www.grayson.edu

Hours: Mon, Tue, 8:00 am – 6:00 pm;

Wed – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans, active duty, military dependents

Services: Veterans can find local job listings, resource materials, service providers' information and military contacts as well as veteran benefits information regarding education, housing and many other benefits. Also assists and advise student veterans and/or dependents regarding VA benefits.

Service Area: North Texas

Navy-Marine Corps Relief Society

Education Programs

1515 Chennault Avenue - Naval Air Station JRB

Fort Worth, TX 76127

Main: 817-782-6000

Fax: 817-782-6006

www.nmcrrs.org

Hours: Mon – Fri, 9:00 am – 4:00 pm

Eligibility: Navy and Marine Corps families

Services: Provides scholarships, grants, loans, and programs to assist with the educational needs of military families.

Service Area: Nationwide

Non-Commissioned Officers Association

9330 Corporate Drive, Suite 701

Selma, TX 78154

Main: 210-653-6161

www.ncoausa.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: All branches of the military

Services: The Disaster Relief Fund and Scholarship Fund are awarded to the children and spouses, and offer additional programs and services.

Service Area: Nationwide

Texas Veterans Commission

Texas Hazlewood Act Exemption/Education Programs

www.tvc.texas.gov/education/hazlewood

Hours: Website 24 hours a day, 7 days a week

Eligibility: Apply and be accepted to a Texas public college or university of his/her choice. Have been an active duty of the U.S. Armed Forces, received an honorable discharge; served at least 181 days of active duty; have no federal Veteran's education benefits; not be in default on a guaranteed student loan; be enrolled in classes for which the college received tax support; and meet satisfactory GPA requirements

Services: The Hazlewood Act is a State of Texas benefit that provides qualified Veterans, spouses, and dependent children with an education benefit of up to 150 hours of tuition exemption, including most fee charges, at public institutions of higher education in Texas. This does not include living expenses, books, or supply fees.

Service Area: Statewide

Texoma Composite Squadron of the Civil Air Patrol

North Texas Regional Airport
4331 Airport Drive
Denison, TX 75020
Main: 903-786-6227
www.gocivilairpatrol.com

Hours: Mon, 6:30 pm – 8:30 pm; call to leave message

Eligibility: Youth ages 12 – 18 years of age

Services: CAP Cadet Program which transforms youth into aerospace leaders, Aerospace Education which provides youth with hands on aerospace lessons and education, and Emergency Services by which cadets help take aerial photos during a disaster and coordinate with the Air Force Rescue Coordination Center.

Service Area: North Texas and Southern Oklahoma

Troops to Teachers

5701 Springdale Road
Austin, TX 78723
Main: 512-919-5484
Toll-Free: 800-810-5484
www.texastroopstoteachers.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans or military personnel who need teaching certification

Services: Assists transitioning service members and veterans in beginning new careers as K – 12th grade school teachers in public, charter and Bureau of Indian Education schools. Provides financial resources, test preparation resources, student loans and grants.

Service Area: Statewide



WOMEN VETERANS & FAMILIES

A Soldier's Child Foundation

1197 Hazelwood Drive, Suite 104
Smyrna, TN 37167
Main: 615-220-1600
www.asoldierschild.org

Hours: Mon – Fri, 8:00 am – 4:00 pm

Eligibility: Children of deceased active military personnel

Services: Provides birthday celebrations for children ages birth to 18; Mentorship programs offer summer, fishing and hunting camps; College Scholarships offer college scholarships for recipients through their partner organizations: Fallen Patriots Foundation and Folded Flag Foundation.

Service Area: Nationwide

Attitudes and Attire/Boots to Heels

2050 Stemmons Freeway, Suite 181
Dallas, TX 75207
Main: 214-630-1667
www.attitudesandattire.org

Hours: Call for scheduled classes

Eligibility: Female veterans

Services: Provides tools to raise self-esteem, promotes ethics and build confidence to develop successful life skills for women. Provides seminars exclusively for women veterans and give them the camaraderie of being with peers who understand the unique experiences and the challenges faced returning home.

Service Area: North Texas

Marriage Management, Inc.

1061 Meadow Scape Drive
Burleson, TX 76028
Main: 682-730-1818
Fax: 817-796-1111
www.marriagemanagement.org

Hours: Website 24 hours a day, 7 days a week, call for scheduled classes

Eligibility: Couples, married veterans or veterans needing family counseling

Services: Works to strengthen military marriages and family members. Enables couples to cope with the unique marital stresses of combat, wounds or multiple deployments. Provides a safe and confidential place for a husband and wife to find support.

Service Area: Statewide

Military Funeral Honors

Department of Veterans Affairs Telephone Assistance
Main: 800-827-1000
www.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Those requesting military family honors at burials

Services: Provides military family honors at the burials of veterans; contact local funeral home to arrange services. May also offer VA Survivors and Burial Benefits Kits as well as additional services.

Service Area: Nationwide

Soldiers' Angels

2895 North East Loop 410, Suite 107
San Antonio, TX 78218
Main: 210-629-0020
www.soldiersangels.org

Hours: Website 24 hours, 7 days a week

Eligibility: Veterans, deployed, wounded, or families needing support

Services: Provides support for veterans, military families, wounded and deployed service members, Services include letter writing, special operations forces, Valor-IT, Adopt-A-Family, Living Legends, Operation Top Knot, sewing and crafting, Women of Valor teams, and No Soldier Goes Unloved mission.

Service Area: Nationwide



MEDICAL, DISABILITY & REHABILITATION

Aging and Disability Resource Center of Texoma

1117 Gallagher Drive, Suite 240

Sherman, TX 75090

Main: 855-937-2372

www.tcog.com/adrc

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: People who are intellectually and developmentally disabled, suffer from Autism spectrum, blindness, deafness, dementia, Alzheimer's, brain injury. Those needing help from a licensed nurse or caregiver; have a mental health diagnosis; have questions about Medicare or private long-term care insurance; veterans who need long term assistance

Services: Coordinates a system of information and access for veterans, older adults and people with disabilities who are seeking long-term support to minimize confusion, enhance individual choice, and support informed decision-making. Serves as a point-of-entry to public and private long-term services and supports. Offers counseling regarding available long-term support options; assists individuals in determining their eligibility for public long-term support programs and benefits including long-term Medicaid and community-based waiver programs; provides short-term case management to stabilize long-term supports for individuals and their families; helps people plan for their future long-term support needs; and provides information and referral to local resources, including transportation, housing, health promotion and disease prevention.

Service Area: Cooke, Fannin, Grayson Counties

Area Agency on Aging

1117 Gallagher Drive, Suite 350

Sherman, TX 75090

Main: 903-813-3505

www.tcog.com/aaa

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: People over the age of 60, those with a disability, veterans and the general public

Service: Offers aging services such as Benefits Counseling, Care ordination Program, Caregiver Services, Long Term Care Ombudsman, Grandparents as Parents, Parkinson's Support Group and home delivered meals.

Service Area: Cooke, Fannin, Grayson Counties

Areli Medical Devices

Orthotics and Prosthetics

3113 North US Highway 75, Suite 200

Sherman, TX 75090

Main: 800-372-2035

www.arelimedical.com

Hours: Mon – Fri, 8:00 am – 4:30 pm

Eligibility: Open to veterans and the general public in need of medical devices

Services: A veteran owned business that provides prosthetics, orthotics, mastectomy bras, mobility items, etc. No patients are refused regardless of income or status.

Service Area: North Texas

Blinded Veterans Association

125 North West Street, 3rd Floor

Alexandria, VA 22314

Main: 800-669-7079

www.bva.org

Hours: Mon – Fri, 8:00 am – 6:00 pm

Eligibility: Legally blind or low-vision veterans

Services: Provides service programs, regional groups, resources, and advocacy before the legislative and executive branches of government. Offers information on blindness, veteran's organizations, department of veteran's affairs links, employment for blinded veterans, helps support and educate veterans, their families, and the public about the challenges of blindness.

Service Area: Nationwide

Brain Injury Association

Brain Injury Information Center

Main: 800-444-6443

www.biausa.org/texas

Hours: Mon – Fri, 8:30 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Brain Injury Association provides information about brain injury, identifying medical, legal, financial and other resources. Referral center for state associations for people with brain injuries.

Service Area: Nationwide

Broken Wheel Ranch Project

4775 CR 2610
Bonham, TX 75418
Main: 903-227-2168

Hours: Call for schedule

Eligibility: Veterans, their families, and the youth of communities

Services: Provides equestrian related activities and strives to create a safe, nurturing, and loving atmosphere in which riders can regain and strengthen core values like determination, responsibility, care and compassion.

Service Area: North Texas

**Canine Companions for Independence
South Central Regional Center**

7710 Las Colinas Ridge
Irving, TX 75063
Main: 214-259-4700
Toll-Free: 800-572-2275 (BARK)
www.cci.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans disabled in combat, use a manual wheelchair, be a paraplegic or amputee, have mobility of both arms with good upper body strength, have good cognitive ability and clear speech, and have a stable home

Services: Provides specially trained dogs to help veterans with disabilities resulting from military service with everyday tasks.

Service Area: Nationwide

Center for BrainHealth

2200 West Mockingbird Lane
Dallas, TX 75235
Main: 972-883-3007
www.brainhealth.utdallas.edu

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public who suffer from brain injuries or neurological conditions

Services: Works to accelerate recovery from the symptoms of PTSD and traumatic brain injuries and assists veterans in getting help and receiving treatments. Also provides training for caregivers and military spouses.

Service Area: Nationwide

Cohen Military Family Clinic

16160 Midway Road, Suite 218
Addison, TX 75001
Main: 469- 680-3500
www.metrocareservices.org

Hours: Mon – Thur, 9:00 am – 8:00 pm;

Fri, 8:00 am – 1:00 pm

Eligibility: Veterans who served after 9/11/2001, veteran families, and service members

Services: Provides therapy for PTSD, depression, stress, anxiety, substance abuse, sleep issues, hyper-vigilance, grief and loss, transitional changes, relationship therapies; also provides assistance for basic needs, child care, employment, legal assistance, smoking cessation, peer support, rehabilitation, occupational, physical therapies and more.

Service Area: North Texas

**Fisher House Foundation, Inc.
VA North Texas Health System**

4500 South Lancaster Road, Building 79
Dallas, TX 75216
Main: 214-857-4401
www.northtexas.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Families of veterans receiving healthcare at Dallas VA Medical Center

Services: Comfort housing is available for families of veterans receiving health care at Dallas VA Medical Center. Fisher House, similar to Ronald McDonald House, provides free temporary lodging for families of VA patients.

Service Area: Statewide

Grayson County K9 Program

Main: 903-893-1129
www.vva973.org

Hours: Mon – Fri, 9:00 am – 2:00 pm

Eligibility: Military, veterans and their families

Services: Program pairs trained service dogs with severely PTSD injured war veterans. The trained service dogs help by waking the veteran from a nightmare or create a buffer in large crowds or public places.

Service Area: North Texas

HALO for Freedom Warrior Foundation

100 Spanish Oak Road
Willow Park, TX 76087
Main: 817-597-1826
www.halooffreedom.org

Hours: Website 24 hours a day, 7 day a week

Eligibility: Wounded military who need support and rehabilitation

Services: Provides support for wounded warriors as they face the many challenges encountered during their rehabilitation, reintegration and healing process while ensuring wounded military members are cared for both physically and emotionally. In addition, aims to motivate, encourage and afford them opportunities they might not otherwise have had. The Foundation's focus is to lift their spirits while reminding them that their sacrifices will never be forgotten.

Service Area: Nationwide

Heart to Heart Hospice of North Texas Veteran Program

600 East Taylor Street, Suite 3005
Sherman, TX 75090
Main: 903-892-6406
www.htohh.com

Hours: Intermittent visits; available 24 hours a day, 7 days a week

Eligibility: Physician certified terminal illness, prognosis 6 months or less

Services: Pain and symptom management, practical end of life support.

Service Area: Cooke, Fannin, Grayson Counties

Heroes Project

7304 Beverly Boulevard, Suite 151
Los Angeles, CA 90036
Main: 323-680-1007
www.theheroesproject.org

Hours: Mon – Fri, 9:00 am – 5:00 pm

Eligibility: Injured war veterans

Services: Expeditions for Heroes creates training and expedition programs for wounded marines, soldiers and veterans. Hope for Heroes encourages and expands the communities that supports our nation's heroes. Voices for Heroes captures footage of heroes' journeys to recovery through strength and resilience.

Service Area: Nationwide

Medical Transportation Program

Main: 877-633-8747
www.hhs.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: All current Medicaid eligible clients

Services: Arranges non-emergency medical transportation and travel-related services for eligible Medicaid, Children with Special Healthcare Needs Services Program (CSHCN), and Transportation for Indigent Cancer Patients (TICP) clients who have no other means of transportation to their health-care services.

Service Area: Statewide

Mercy Medical Angels

4620 Haygood Road, Suite 1
Virginia Beach, VA 23455
Main: 757-318-9174
www.mercymedical.org

Hours: Mon – Fri, 9:00 am – 5:00 pm

Eligibility: Active Duty military or veterans and their family members

Services: No-cost travel services are available for eligible troops, wounded warriors, veterans and their families to access distant specialized medical evaluation, diagnosis, treatment, or rehabilitation.

Service Area: Nationwide

Military and Veteran Program

Christopher & Dana Reeve Foundation

Main: 866-962-8387
www.christopherreeve.org/mvp

Hours: Mon – Fri, 8:00 am – 4:00 pm, leave a message outside of business hours; website 24 hours a day, 7 days a week

Eligibility: Service men and women and veterans living with paralysis, their families and their caregivers

Services: Provides spinal cord injury and paralysis resources and community connections for service men and women, as well as veterans living with paralysis, whether through combat-related, service-related, or non-service-related events.

Service Area: Nationwide

National Resource Directory

www.nrd.gov

Hours: Website, 24 hours a day, 7 days a week

Eligibility: Veterans and the general public and those in need of resources

Services: Provides a web-based network for wounded, ill and injured service members, veterans, their families and those who support them to find services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration.

Service Area: Nationwide

Paralyzed Veterans of America

Sam Rayburn Memorial Veterans Hospital

1201 East 9th Street

Bonham, TX 75418

Main: 903-583-2111

www.mypva.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans or their dependents

Services: Provides skilled representation and counseling on VA issues to all vets and their families. Also operates a durable medical equipment loan closet on an “As Is” basis.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Patriot PAWS

Service Dogs for Veterans

254 Ranch Trail

Rockwall, TX 75032

Main: 972-772-3282

www.patriotpaws.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans of all eras may be considered, must have a service-connected injury recognized by Veterans Affairs, must have no more than one animal already residing in the home, must be financially able to travel to headquarters and afford accommodations during the transitional training phase (approximately 12 days)

Services: Trains and provides service dogs at no cost to disabled American veterans and others with mobile disabilities, Post Traumatic Stress Disorder (PTSD), and Traumatic Brain Injury (TBI) in order to help restore their physical and emotional independence.

Service Area: Nationwide

Preston Trail Daughters of the American Revolution Opening Doors for Veterans Program

Main: 903-271-1413

www.texasdar.org

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans needing mobility assistance

Services: Provides funds to widen doors to bathrooms in the homes of veterans. They may also provide grab bars, commodes, sinks, or even showers. Wheelchair ramps are provided to veterans who qualify.

Service Area: Grayson County

Sam Rayburn Memorial Veterans Center Sherman Clinic

3811 U.S. 75 North

Sherman, TX 75090

Main: 903-487-0477

www.northtexas.va.gov

Hours: Mon – Fri, 7:30 am – 4:30 pm

Eligibility: Clinic serves for veterans

Services: Outpatient clinic for veterans who need general health care.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Sam Rayburn Memorial Veterans Center Women's Clinic

1201 East 9th Street

Bonham, TX 75418

Main: 903-583-2111

www.northtexas.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Female veterans needing general health care

Services: Primary health care, pap smears, mammograms, gynecological care, mental health services, maternity care, including women's stress disorders and military sexual trauma program for female veterans in need.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Service Dogs, Inc. – Assistance Dogs

4925 Bell Springs Road
Dripping Springs, TX 78620
Main: 512-858-1495
www.servicedogs.org

Hours: Mon – Fri, 8:30 am – 5:00 pm

Eligibility: Veterans and adults (25+), who are Texas residents and are living with a hearing or mobility impairment

Services: Assistance dogs are provided to people with deafness, hearing impaired, paraplegia, quadriplegia, brain injuries, Muscular Dystrophy, Multiple Sclerosis, Spina Bifida, stroke and other conditions.

Service Area: Statewide

Sheep Dog Impact Assistance**North Texas Chapter**

Main: 310-245-8358
www.sheepdogia.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Currently serving or has served honorably in the military and/or first responder professions, (known as Sheep Dogs)

Services: Provides assistance when natural disasters strike offering immediate impact assistance; teams help through tree and debris removal, muck-out operations, covering roofs and windows, distributing food and water. They also offer holiday assistance and participate in hunting, fishing trips, obstacle course races, skydiving and scuba diving.

Service Area: Nationwide

Sons of the Flag

12700 Park Central Drive, Unit 304
Dallas, TX 75231
Main: 469-930-6694
www.sonsoftheflag.org

Hours: Mon – Thur, 9:00 am – 5:00 pm;

Fri, 9:00 am – 4:00 pm

Eligibility: Military, first responder burn survivors

Services: Supports military, first responder, and civilian burn survivors by providing funding for innovative research, technology and education. Brings together passionate community leaders, pioneering physicians, experienced military service members, dedicated first responders and purposeful civilians.

Service Area: Nationwide

**Texas Health and Human Services
Department of Aging and Disability**

Main: 888-337-6377
www.hhs.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Administers long-term services and support for people who are aging as well as for people with intellectual and physical disabilities.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

**Texas Health and Human Services Commission
Office of Acquired Brain Injury**

909 West 45th Street
Austin, TX 78705 Main:
512-706-7191
www.hhs.texas.gov

Hours: Website 24 hours a day, 7 days a week;
Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Survivors of brain injuries and their families

Services: Website offers information for brain injury support groups throughout Texas. Also offers free accredited web-based instructional courses and educational information for public health workers, caregivers, social workers, and survivors of brain injuries.

Service Area: Statewide

Texas Ramp Project

Main: 214-558-0339
www.texasramps.org

Hours: Mon – Fri, 8:00 am – 5:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Low-income disabled who need a wheelchair ramp to be constructed

Services: Provides assistance through volunteers to build wheelchair ramps for the low-income disabled. The Texas Ramp Project works with local cities, social-services organizations, and hospitals to identify clients in need.

Service Area: Statewide

**Texoma Community Center
Substance Use Disorder Services**

315 West McLain Street
Sherman, TX 75090
Main: 903-957-4803
www.texomacc.org

Hours: Monday – Friday, 8:00 am – 5:00 pm,
call for group schedules

Eligibility: Veterans and the general public

Services: Provides adult outpatient treatment services
including a specialized female outpatient program and
office based opioid treatment program.

Service Area: Cooke, Fannin, Grayson Counties,
North Texas

**Texoma Medical Center
Behavioral Health Center**

2601 Cornerstone Drive
Sherman, TX 75092
Main: 903-416-3000
www.tmcbehavioralhealth.com

Hours: 24 hours a day, 7 days a week; call to schedule
an assessment

Eligibility: Veterans and the general public needing
assistance with behavioral health services

Services: Offers comprehensive adolescent and adult
psychiatric and dual diagnosis and chemical
dependency services.

Service Area: Cooke, Fannin, Grayson Counties,
North Texas

The Rehabilitation Center

1216 Hillcrest Drive
Sherman, TX 75092
Main: 903-893-7457
www.trcsherman.com

Hours: Mon – Thur, 8:00 am – 12:00 pm,
1:00 pm – 5:30 pm

Eligibility: Those needing various forms of rehabilitation

Services: Services include occupational therapy,
physical, speech and language therapy, a sensory
integration clinic, and an array of support and adjunct
services. Does not turn anyone away for lack of funds.

Service Area: North Texas area

**Train a Dog – Save a Warrior (TADSAW)
Service Dogs for Wounded Warriors**

13423 Blanco Road, Suite 218
San Antonio, TX 78216
Main: 210-643-2901
www.tadsaw.org

Hours: Website, 24 hours a day, 7 days a week

Eligibility: Veteran service member surviving with
Military Induced Anxiety Depression Syndrome (MIADS),
Post Traumatic Stress Disorder (PTSD), Military Sexual
Trauma (MST), or Traumatic Brain Injury (TBI).

Services: Provides for the training of Medical Alert
Service Dogs in order to restore and improve the
eligible veteran's quality of life.

Service Area: Statewide

**U.S. Department of Veterans Affairs
Home and Community Based Services**

1201 East 9th Street Bonham, TX 75418
Main: 800-924-8387
www.va.gov/geriatrics

Hours: Mon – Fri, 7:00 am – 7:00 pm

Eligibility: Veterans and caregivers of veterans

Services: Provides in-home primary care, respite care,
skilled home health care, tele-health, home health
aides, and hospice care.

Service Area: Nationwide

VA Healthcare

Dallas VA Medical Center
4500 South Lancaster Road
Dallas, TX 75216
Main: 800-849-3597
www.northtexas.va.gov

Hours: 24 hours a day, 7 days a week

Eligibility: Medical services are available to veterans

Services: Services include traditional
hospital-based services such as surgery, critical care,
mental health, orthopedics, pharmacy, radiology and
physical therapy. Medical health services are available
as well as hospice and palliative care.

Service Area: Statewide

Veterans Airlift Command

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Main: 952-582-2911

www.veteransairlift.org

Hours: Mon – Fri, 8:00 – 5:00 pm

Eligibility: Operation Enduring Freedom and Operation Iraqi wounded warriors, veterans and their families

Services: Provides air transportation to post 9/11 combat wounded veterans and their families for medical and other compassionate purposes through a national network of volunteer aircraft owners and pilots.

Service Area: Nationwide

Wounded Warrior Project Resource Center

4899 Belfort Road, Suite 300

Jacksonville, FL 32256

Main: 888-997-2586

www.woundedwarriorproject.org

Hours: Mon – Fri, 8:00 am – 8:00 pm

Eligibility: Veterans and service members who sustained mental or physical injuries on or after September 11th, 2001

Service: Family support, financial education, Independence Program, Peer Support, Physical Health and Wellness, Project Odyssey, Soldier Ride, Warrior Care Network, Wounded Warrior Resource Center, Wounded Warrior Talk Program, and Mental health support services, which helps warriors, overcome the challenges of readjustment.

Service Area: Nationwide



HOSPITALS

Muenster Memorial Hospital

605 North Maple Street
Muenster, TX 76252
Main: 940-759-2271

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency medical care

Services: Offers a wide range of hospital services

Service Area: Cooke, Fannin, Grayson Counties, North Texas

North Texas Medical Center

1900 Hospital Boulevard
Gainesville, TX 76240
Main: 940-665-1751
www.ntmconline.net

Hours: 24 hours a day, 7 days a week

Eligibility: General public and those in need of emergency medical care

Services: Offers a wide range of medical services

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Sam Rayburn Memorial Veterans Center

1201 East 9th Street
Bonham, TX 75418
Main: 800-924-8387
www.northtexas.va.gov

Hours: 24 hours a day, 7 days a week,

Outpatient hours, Mon – Fri, 8:00 am – 4:30 pm

Eligibility: Focuses on veterans needing services

Services: Hospital provides primary health care, nursing home care, and long-term rehabilitative care to eligible veterans. Offers other services for Post-Traumatic Stress Disorder, Blinded Veterans Association, Disabled American Veterans, and Paralyzed Veterans of America.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Texoma Medical Center Bonham

504 Lipscomb Boulevard
Bonham, TX 75418
Main: 903-583-8585
www.tmcbonham.com

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans and the general public in need of emergency care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Texoma Medical Center

5016 South U.S. Highway 75
Denison, TX 75020
Main: 903-416-4000
www.texomamedicalcenter.net

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans and the general public in need of emergency care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

Wilson N. Jones Regional Hospital

500 North Highland Drive
Sherman, TX 75092
Main: 903-870-4611
www.wnj.org

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans and the general public in need of emergency care

Services: Offers a wide range of hospital services.

Service Area: Cooke, Fannin, Grayson Counties, North Texas

VETERAN ORGANIZATIONS & VETERAN SERVICES

Allies in Service

8343 Douglas Avenue
Dallas, TX 75225

www.alliesinservice.org

Main: 214-438-6358

Hours: Website 24 hours a day, 7 days a week

Eligibility: Current service members, veterans, and military spouses

Services: Service members, veterans, and their families have access to quality health care, education safe and affordable housing choices, and meaningful employment. Also seeks to collaborate with veterans, employers, community and other veteran support organizations.

Service Area: Nationwide

American GI Forum

Dallas Veteran Outreach Program

8700 N. Stemmons Freeway, Suite 124
Dallas, TX 75247

Main: 214-379-7377

www.agif-nvop.org

Hours: Mon – Fri, 8:30 am – 5:30 pm

Eligibility: Veterans needing housing, employment, and homeless services.

Services: Focuses on helping veterans with job training, employment placement, housing assistance, support services; basic skills upgrade training and extensive support and case management for veterans with barriers to housing and employment.

Service Area: Collin County

American Legion – National

700 North Pennsylvania Street
Indianapolis, IN 46206

Main: 317-630-1200

Fax: 317-630-1223

www.legion.org

Hours: Mon – Fri, 8:00 am – 4:30 pm

Eligibility: Veterans

Services: Assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital and outpatient medical/psychological care.

Service Area: Nationwide

American Legion – Bonham – Post 283

1525 West Sam Rayburn Drive

Bonham, TX 75418

Main: 903-583-4910

Hours: 3rd Tue of each month, 6:00 pm

American Legion – Denison – Post 62

419 West Crawford Street

Denison, TX 75020

Main: 903-463-2748

Hours: 2nd Tue of each month, 7:30 pm

American Legion – Pottsboro – Post 231

133 Army Avenue

Pottsboro, TX 75076

Main: 903-786-2353

Hours: 2nd Sat of each month, 11:00 am

American Legion – Sherman – Post 29

1707 East Baker Road – VFW Post 2772

Sherman, TX 75090

Main: 903-744-2224

Hours: 3rd Sat of each month, 6:30 pm

American Legion – Van Alstyne – Post 376

293 Jay Road

Van Alstyne, TX 75495

Main: 903-482-9360

Hours: Sat, one week after the 1st Fri of the month, 9:00 am

Magellan Federal

2800 Shirlington Road, Suite 350

Arlington, VA 22206

Main: 888-237-2872

www.magellanhealth.com

Hours: Mon – Fri, 8:00 am – 4:30 pm

Eligibility: Veterans, retirees, surviving spouses, dependents, (pre-retirement counseling for active duty)

Services: Assists the surviving spouse in completing and submitting the paperwork for their government benefits and life insurance.

Service Area: Nationwide

Catholic War Veterans

www.cwv.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans must be a practicing Catholic, have served in the military for at least 90 days, honorably discharged; Family members must be practicing Catholic, be a citizen and be related within two degrees to a veteran or currently serving member of the military

Services: Provides posts throughout the country and support Active Duty personnel and Military Chaplains worldwide, and veterans at home in the United States.

Service Area: Statewide

Disabled American Veterans

www.dav.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans and their dependents

Services: Disabled American Veterans (DAV) offers many programs for veterans and their families. Services include counseling, disaster relief, employment rights, education, health care, pension, and many others.

Service Area: Nationwide

Fleet Reserve Association – National

125 North West Street

Alexandria, VA 22314

Main: 800-372-1924

www.fra.org

Hours: Mon – Fri, 8:30 am – 4:30 pm

Eligibility: Sea service community and their families

Services: Represents the interests of Sea Service personnel on Capitol Hill, and the importance of participating in the legislative process to protect their pay and benefits.

Service Area: Nationwide

Heroes on the Water

www.heroesonthewater.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans, active duty military personnel, first responders and their families

Services: Provides structured outdoor activities that help reduce the impact of post-traumatic stress and traumatic brain injury while providing much needed camaraderie and support.

Service Area: Nationwide

Internal Revenue Service

Military Tax Information

Main: 800-829-1040

www.irs.gov

Hours: Website 24 hours a day, 7 days a week

Eligibility: Members of the military and their families

Services: Provides a website for military personnel and their family members with questions and answers on combat zone tax information, provisions, publications, and Armed Forces Tax Guide.

Service Area: Nationwide

Marine Corps League

Texoma Detachment #929

2355 FM 406

Denison, TX 75020

Main: 940-284-0520

www.txmcl.org

Hours: 1st Sat of each month, 1:00 pm

Eligibility: Marines, FMF Corpsmen, former Marines and FMF Corpsmen and their widows and orphans

Services: Provides camaraderie, mentorship and fellowship for the purpose of preserving the traditions and promoting the interests of the United States Marine Corps. Also supports local Toys 4 Tots drive.

Service Area: Nationwide

Military Order of the Purple Heart

5413 Backlick Road

Springfield, VA 22151

Main: 888-668-1656

www.purpleheart.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans or their dependents

Services: Assists veterans, Active Duty personnel and their families in securing governmental benefits, service pension, medical and psychological care.

Service Area: Nationwide

Military.com

www.military.com

Hours: Website 24 hours a day, 7 days a week

Eligibility: Active military, veterans and their families

Services: Connects service members, military families and veterans to all benefits of service, including government benefits, scholarships, discounts, lifelong friends, mentors, great stories of military life or missions, and much more.

Service Area: Nationwide

Patriot Guard Riders

www.patriotguard.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Fallen military heroes, first responders and honorably discharged veterans

Services: Stand flag lines at visitations, funeral services, interments, and stand between bereaved families and unscrupulous demonstrators. Escort patriots and their families by riding in processions, attend patriotic events to show support for the troops.

Service Area: Statewide

Social Security Administration

600 East Peyton Street

Sherman, TX 75090

Main: 877-405-3521

www.ssa.gov

Hours: Mon, Tue, Thur, Fri, 9:00 am – 3:00 pm

Wed, 9:00 am – 12:00 pm

Eligibility: Military service members who became disabled while on active military service on or after October 1, 2001, regardless of where the disability occurred

Services: Provides disability benefits under Social Security Disability (SSDI), and Supplemental Security Income (SSI).

Service Area: Nationwide

Texas A&M AgriLife Extension

Battleground to Breaking Ground Project

Main: 903-813-4206

www.agrilifeextension.tamu.edu

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Military veterans, active duty service members, their families, and other beginning farmers and ranchers

Services: Provides workshops, one-on-one coaching, behavioral health and wellness, career and finance, veteran benefits navigation, access to land, equipment and established markets to start their farming and ranching enterprises.

Service Area: Statewide

Texas Veterans Commission

Claims Representation and Counseling

4500 South Lancaster Road,

Building 2 Room 1C, 423-A-G

Dallas, TX 75216

Main: 214-857-0444

www.tvc.texas.gov

Hours: Mon – Fri, 7:30 am – 4:00 pm

Eligibility: Veterans and family members

Services: Serves Veterans, their dependents and survivors, in all matters pertaining to Veterans' state and federal disability benefits and entitlements.

Counselors also help Veterans and their families with questions regarding benefits, survivor and dependent needs, filling out VA paperwork, and medical issues.

Service Area: Statewide

Texas Veterans Land Board

Cemetery Property

1700 North Congress Avenue, Room 800

Austin, TX 78701

Main: 800-252-8387

Burial Benefits Line: 800-827-1000

www.vlb.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and members of the armed forces who have met minimum active service duty requirements and were discharged under conditions other than dishonorable

Services: Provides free burial space for veterans and their eligible family members.

Service Area: Statewide

Texas Veterans Land Board

Veterans Land Loan Program

1700 North Congress Avenue, Room 800

Austin, TX 78701

Main: 800-252-8387

www.vlb.texas.gov

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Texas residents who are active duty, Texas National Guard, Reserve military members with 20 qualifying years for retirement. Veterans having served 90 days active duty unless discharged sooner, due to a service-connected disability, surviving spouse of a veteran listed as MIA or whose death was service connected

Services: Financing may be eligible to Texas veterans for tracts of land. VLB also provides land loans, home loans, and home improvement loans.

Service Area: Statewide

Texoma Council of Governments

1117 Gallagher Drive
Sherman, TX 75090
Main: 903-893-2161
Toll-Free: 800-677-8264
www.tcog.com

Hours: Mon – Fri, 8:00 am – 5:00 pm

Eligibility: Veterans and the general public

Services: Provides services, which include the following programs: Benefits Counseling, Caregiver Services, Care Coordination, Long-Term Care Ombudsman, Senior Corps, 2-1-1 Texoma Area Information Center, ADRC of Texoma, Energy Services, Section 8 Housing, Community and Economic Development, GIS & Planning, Municipal Solid Waste, and Public Safety.
Service Area: Cooke, Fannin, Grayson Counties, North Texas

TexVet

www.texvet.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans and the public

Services: Provides a website focused on making it easier for military members and their families to find help. Visit website at texvet.org for online resources. The resources identified through the website are meant for anyone who is serving or has served.

Service Area: Nationwide

U.S. Department of Defense

Military Family Support

www.defense.gov

Hours: Website 24 hours a day, 7 days a week

Eligibility: Service members, Veterans, and families

Services: Website dedicates resources, services, Policies and programs to support the more than 2 million uniformed service members and 2.6 million family members across the globe.

Service Area: Nationwide

U.S. Air Force Recruiting Office

2916 U.S. Highway 75, #552
Sherman, TX 75090
Main: 903-487-6709
www.airforce.com

U.S. Army National Guard Recruiting Office

1700 Loy Lake Road
Denison, TX 75020
Main: 972-825-3151
www.nationalguard.com

U.S. Army Recruiting Office

2916 U.S. Highway 75, #550
Sherman, TX 75090
Main: 903-892-9829
www.goarmy.com

U.S. Coast Guard Recruiting Office

2240 Market Place Boulevard, Suite 100
Irving, TX 75063
Main: 972-506-3047
www.gocoastguard.com

U.S. Marine Corps Recruiting Office

2916 U.S. Highway 75, #558
Sherman, TX 75090
Main: 903-893-2141
www.marines.com

U.S. Navy Recruiting Office

2916 U.S. Highway 75, #550
Sherman, TX 75090
Main: 903-892-1559
www.navy.com

Veterans Coalition of North Central Texas

www.vcnct.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans needing to reintegrate into society

Services: Works to build bridges between local community resources, national resources, veterans.

Service Area: North Texas

White House Veteran Complaint Hotline

Toll-Free: 855-948-2311

Hours: 24 hours a day, 7 days a week

Eligibility: Veterans with VA-related questions or concerns

Services: Provides a complaint line for veterans in regards to VA services or any VA-related issue.

Service Area: Nationwide

VetTix

www.vettix.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Currently serving military, honorably discharged veterans, Purple Heart recipients and families of those killed in action

Services: Tickets for Troops program provides tickets to sporting events, concerts, performing arts, educational and family activities. Hero's Wish program allows members who meet certain criteria to request specific tickets for any single event, and have donors fulfill that request either by ticket donation or by donating money to make a hero's wish come true.

Service Area: Nationwide

VFW Post 4852 – Bonham

1610 Mitchell Drive
Bonham, TX 75418
Main: 903-583-5733

www.texasvfw.org

Hours: 3rd Thur of each month, 6:00 pm

VFW Post 1922 – Gainesville

3332 North Grand Avenue
Gainesville, TX 76240
Main: 940-665-9054

www.texasvfw.org

Hours: 3rd Tue of each month, 6:00 pm

VFW Post 7873 – Pottsboro

250 VFW Drive
Pottsboro, TX 75076
Main: 903-786-2400

www.texasvfw.org

Hours: 3rd Sat of each month, 11:00 am

VFW Post 2772 – Sherman

1707 East Baker Road
Sherman, TX 75090
Main: 903-893-5858

www.texasvfw.org

Hours: 1st Tue of each month, 6:30 pm

Vietnam Veterans of America – Chapter 973

1707 East Baker Road
Sherman, TX 75090
Main: 903-893-1129

www.vva973.org

Hours: 2nd Thur of each month, 6:00 pm, 7:00 pm for meeting, located at chapter site.

Eligibility: Veterans including Active Duty personnel

Services: Promotes, supports, and advocates for Vietnam veterans. Seeks quality health care, and identifies a range of disabling injuries and illnesses incurred during military service.

Service Area: Cooke, Fannin, Grayson Counties, North Texas



CHILD CARE RESOURCES

Child Care Aware of America Army Child Care Fee Assistance

1515 North Courthouse Road, 3rd Floor
Arlington, VA 22201
Main: 800-424-2246

www.usa.childcareaware.org

Hours: Mon, Wed, Fri, 8:30 am – 5:00 pm;
Tues, Thur, 7:00 am – 3:00 pm; website 24 hours a
day, 7 days a week

Eligibility: Army personnel and their families who are
active duty, active guard/reserve, deployed

Services: Provides authorized Reserve and Active Duty
personnel assistance in locating, selecting, and
offsetting the cost of civilian child care when on-base
child care is not available or a viable option for the
service member and their family.

Provides subsidies for eligible military dependents
enrolled in quality commercial child care programs
throughout the United States.

Service Area: Nationwide

Child Care Aware of America Marine Corps Child Care Fee Assistance

1515 North Courthouse Road, 3rd Floor
Arlington, VA 22201
Main: 800-424-2246

www.usa.childcareaware.org

Hours: Mon, Wed, Fri, 8:30 am – 5:00 pm;
Tues, Thur, 7:00 am – 3:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Marine Corps personnel and their families
who are active duty, active guard/reserve, deployed

Services: Provides assistance in locating sources of fee
assistance or child care subsidies for families of
Marine Corps personnel.

Service Area: Nationwide

Child Care Aware of America Navy Child Care Fee Assistance

1515 North Courthouse Road, 3rd Floor
Arlington, VA 22201
Main: 800-424-2246

www.usa.childcareaware.org

Hours: Mon, Wed, Fri, 8:30 am – 5:00 pm;
Tue, Thur, 7:00 am – 3:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Navy personnel and their families who are
active duty, reserve active duty, US Navy civilians,
survivors of combat fallen warriors, active duty combat
wounded warriors

Services: Provides programs that assist with monthly
child care fees for families with Navy personnel.
Provides resources to search for and verify military-
approved child care providers.

Service Area: Nationwide

Texas Department of Family and Protective Services (DFPS)

Search Texas Child Care

www.txchildcaresearch.org

Hours: Website 24 hours a day, 7 days a week

Eligibility: Veterans, the general public

Services: Provides a website with a searchable
database of child care facilities that are licensed or
registered by DFPS, unless otherwise noted. Provides
agency address and contact information, days and
hours of operation, inspection and compliance
summaries.

Service Area: Statewide

MilitaryChildcare.com

Main: 855-696-2934

www.militarychildcare.com

Hours: Website 24 hours a day, 7 days a week

Eligibility: Military and Department of Defense affiliated
families seeking childcare

Services: Provides access to comprehensive
information on military-operated and
military-subsidized childcare worldwide.

Service Area: Nationwide

**Workforce Solutions Texoma
Child Care Services (CCS)**

2415 South Austin Avenue, Suite 105
Denison, TX 75020
Main: 903-463-9997
www.workforcesolutionstexoma.com

Hours: Mon – Fri, 8:00 am – 5:00 pm;
website 24 hours a day, 7 days a week

Eligibility: Active duty military, veterans and the general public

Services: Provides subsidized child care assistance for eligible families with low to moderate income. Provides a list of child care providers that offer sliding scale fees to qualifying families.

Service Area: Cooke, Fannin, Grayson Counties

**Unmet Needs Program
Veterans of Foreign Wars Foundation**

406 West 34 Street
Kansas City, MO 64111
Main: 866-789-6333
www.vfw.org

Hours: Online application available 24 hours a day, 7 days a week

Eligibility: Service members, veterans, or eligible dependent listed under the Defense Enrollment Eligibility Reporting System (DEERS)

Services: Provides financial aid grants of up to \$1,500 to military families who have run into unexpected financial difficulties as a result of deployment or other military-related activity or injury. The grants are paid directly to the creditor and not to the applicant. The program will render payment for eligible current bills, including child care.

Service Area: Nationwide



COUNTY VETERAN SERVICES OFFICES

County Veteran Services Offices

County veteran services offices provide assistance, counsel and advocacy for veterans, spouses, widows and dependents, helping them to obtain state and federal veterans' benefits.

The offices can help secure copies of DD214s, medals and certificates, and provide information on VA healthcare, service-connected claims, pensions, dependency indemnity education, home loans, insurance and burial benefits. There is a county residence requirement to obtain service.

Bowie County Veterans Services Officer

Bowie County Courthouse
710 James Bowie Drive
New Boston, TX 75570
Main: 903-628-6816
www.co.bowie.tx.us

Collin County Veterans Services Officer

Collin County Sub-Courthouse
900 East Park Boulevard, Suite 150
Plano, TX 75074
Main: 972-881-3060
www.collincountytx.gov

Cooke County Veterans Services Officer

Old County Jail
301 South Chestnut Street
Gainesville, TX 76240
Main: 940-668-5436
www.co.cooke.tx.us

Dallas County Veterans Services Officer

Dallas County Health and Human Services Office
2377 North Stemmons Freeway, Suite 631 Dallas, TX 75207
Main: 972-692-4939
www.dallascounty.org

Denton County Veterans Services Officer

Mary and Jim Horn Government Center
1505 East McKinney Street, Suite 151
Denton, TX 76209
Main: 940-349-2950
www.dentoncounty.com

Fannin County Veterans Services Officer

Sam Rayburn Memorial Veterans Center
1201 East 9th Street
Bonham, TX 75418
Main: 903-583-2111, ext. 36390
www.co.fannin.tx.us

Grayson County Veterans Services Officer

Grayson County Court House
100 West Houston Street, Suite G-2
Sherman, TX 75090
Main: 903-813-4254
www.co.grayson.tx.us

Hunt County Veterans Services Officer

Hunt County Environmental Building
2801 Stuart Street
Greenville, TX 75401
Main: 903-454-2552
www.huntcounty.net

Lamar County Veterans Services Officer

Lamar County Court House
231 Lamar Avenue, Suite 101
Paris, TX 75460
Main: 903-737-2484
www.co.lamar.tx.us

Rockwall County Veterans Services Officer

Rockwall County Services Building
915 Whitmore Drive, Suite D
Rockwall, TX 75087
Main: 972-204-7280
www.rockwallcountytexas.com

Tarrant County Veterans Services Officer

Texas Veterans Commission Office
1200 Circle Drive, Suite 300
Fort Worth, TX 76119
Main: 817-531-5645
www.tarrantcounty.com

POST 9/11, OEF, OIF, OND ORGANIZATIONS

Coalition to Salute America's Heroes

552 Fort Evans Road, Suite 300

Leesburg, VA 20176

Main: 888-447-2588

www.saluteheroes.org

Hours: Mon – Fri, 7:00 am – 4:00 pm

Eligibility: Disabled veterans from Operation Iraqi Freedom, Operation Enduring Freedom, Operation New Dawn and their families

Services: Provides emergency financial aid and support services to wounded veterans and families. Emergency financial aid often covers expenses such as: utility bills, Car payments/repairs, mortgage/rent payments groceries, school supplies, clothing and medical bills.

Service Area: Nationwide

Defenders of Freedom

320 Highway 121, Suite 208

Coppell, TX 75019

Main: 214-601-2995

www.defendersoffreedom.us

Hours: Call for appointment

Eligibility: Post 9/11 active duty or veterans that need transitioning

Services: Offers financial assistance to wounded and transitioning veterans, morale program, and treatment for traumatic brain injuries.

Service Area: North Texas

Operation HomeFront – Texas Chapter

1355 Central Parkway South, Suite 100

San Antonio, TX 78232

Main: 800-659-7756

www.operationhomefront.org

Hours: Mon – Fri, 8:30 am – 5:30 pm

Eligibility: Family members of military service members currently serving, or returning in a wounded warrior capacity, or reintegrating from military to civilian life

Services: Provides emergency assistance, resources, and morale booster to troops, E-6 and below, to families left behind, wounded warriors when they return home.

Service Area: Statewide

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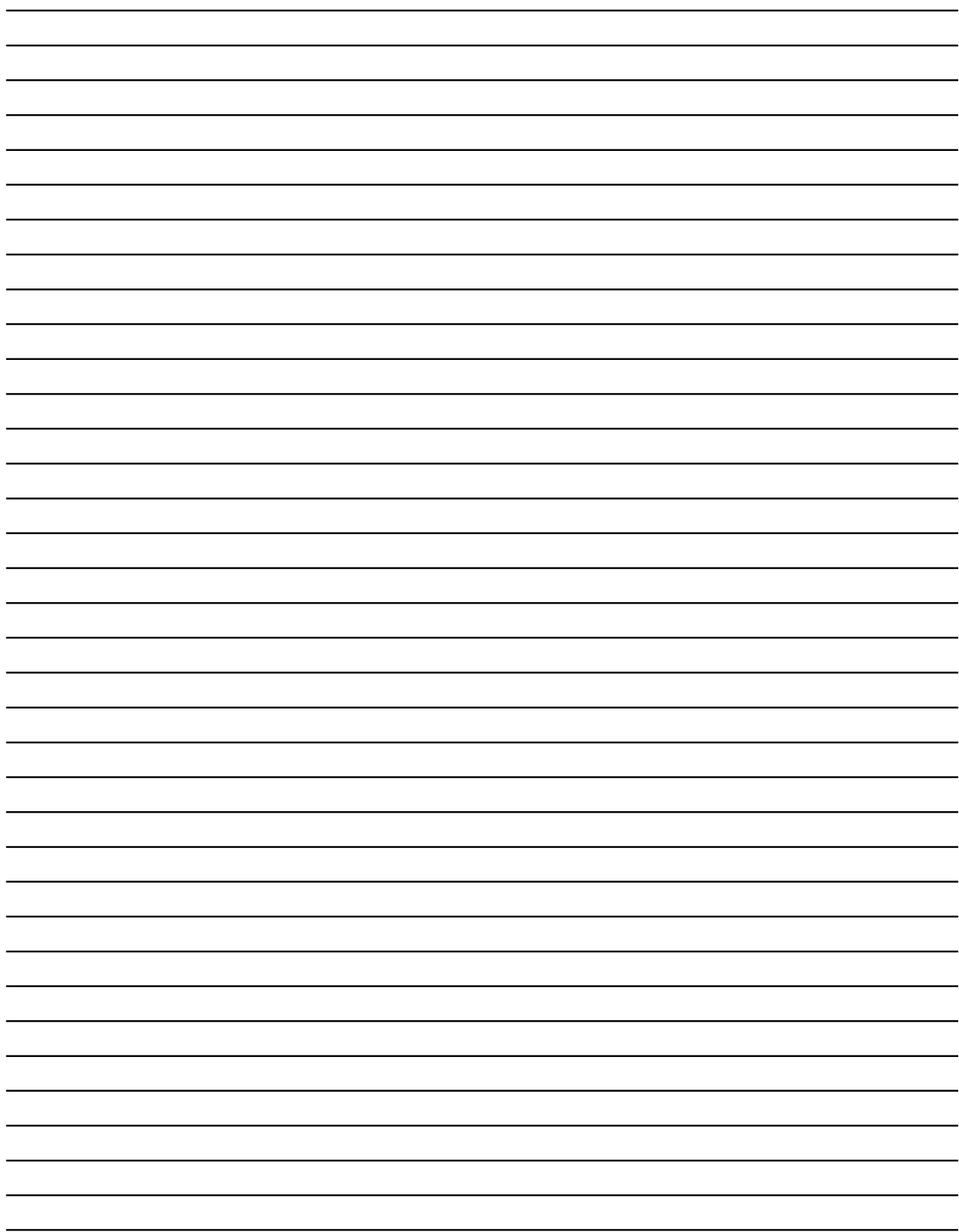
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Texoma Veterans ***RESOURCE GUIDE***





AGING SERVICES

(903) 813-3505

Responsible for the development & coordination of a comprehensive system of services for citizens age 60+ and for citizens with a disability residing in Cooke, Fannin, & Grayson counties.

Benefits Counseling

(903) 813-3505 Option 2

Helps with application for medication assistance, answers important questions regarding public benefits and private insurance for seniors 60+ years of age or people with disabilities, and Medicare & Medicaid beneficiaries.

Caregiver

(903) 813-3505 Option 3

Assesses caregivers & care recipient needs by planning, arranging, coordinating and providing services. Includes Caregiver Support groups, Community Outreach, Respite Care, Education & Training for patients with Alzheimer's Disease, Parkinson's Disease, and Grandparents as Parents.

Care Coordination

(903) 813-3505 Option 5

Community-based home care administered by case managers to promote independent living for persons 60+ years of age with supplemental services including assistance with daily living, home-delivered meals, dental, vision & hearing assistance to eligible residents, minor home repairs, & healthy initiatives.

Information, Referral & Assistance

(903) 813-3505 Option 1

Identifies available services based on needs of caller, provides referrals to appropriate sources and follows up to ensure service was provided.

Long-Term Care Ombudsman

(903) 813-3505 Option 4

Certified staff and trained volunteers will identify, investigate, and resolve complaints made by, or on behalf of, residents of nursing and assisted living facilities.

Senior Corps

(903) 813-3562

Mobilizes senior volunteers to serve their community with two options: Foster Grandparents tutor/mentor children in public settings and RSVP volunteers serve in numerous other capacities.

CLIENT SERVICES

(903) 813-3513

Specializes in programs that provide direct services to low-income families living in the Texoma region.

2-1-1 Texoma Area Information Center

(903) 813-3513 Option 2

Provides information and referral services to persons seeking assistance from Health and Human Services agencies.

ADRC of Texoma

(903) 813-3513 Option 3

Provides people of all ages and income levels with a broad range of direct referrals to public and private long-term services and supports.

Section 8 Housing

(903) 813-3513 Option 1

Provides rental assistance payments in Fannin & Grayson counties & offers eligible participants the ability to rent decent & safe housing.

ENERGY SERVICES

(903) 813-3541

Designed to assist in meeting the energy needs of low-income households and encouraging consumers to control energy costs through energy education.

Family Assistance

(903) 813-3541 Option 3

Provides one-on-one support to families striving for self-sufficiency by providing assistance with the cost of training or education.

Utility Assistance

(903) 813-3541 Option 2

Provides co-payment of gas, propane and electric utilities and the provision of supportive services for educating clients on how to conserve energy.

Weatherization

(903) 813-3541 Option 1

Provides the installation of energy-saving applications to homes in order to reduce energy consumption and utility costs.

REGIONAL SERVICES

Focused on finding regional solutions to the challenges the Texoma region faces and is responsible for a wide-range of activities designed to improve the quality of life at the community level.

Community & Economic Development

(903) 813-3527 Option 3

Facilitates region-wide planning through the Economic Development Administration and Texas Department of Transportation.

GIS & Planning

(903) 813-3527 Option 1

Develops & delivers information in the form of maps, reports, & charts for counties, cities, appraisal districts, 9-1-1 organizations and others in Texoma.

Transportation

(903) 813-3527 Option 4

Improving the availability and accessibility of public and specialized transportation resources throughout Texoma.

Municipal Solid Waste

(903) 813-3527 Option 2

Provides assistance to city & county governments, school districts, & law enforcement districts in their efforts to combat illegal dumping, promote recycling, & ultimately reduce the amount of waste introduced to local landfills.

Public Safety

(903) 813-3552

Provides support & administrative services for 9-1-1, Homeland Security and Criminal Justice programs.

OUR MISSION

IMPROVING QUALITY OF LIFE

**Individual Program Office Hours May Vary*

SHERMAN LOCATION

1117 Gallagher Drive
Sherman, Texas 75090

BONHAM LOCATION

810 W. 16th Street
Bonham, Texas 75418

GAINESVILLE LOCATION

1100 Lawrence
Gainesville, Texas 76240

MCKINNEY LOCATION

900 E. Park Boulevard
Plano, Texas 75074

DENTON LOCATION

306 N. Loop 288, Suite 108
Denton, Texas 76209

**Need help with
childcare?**



**DIAL
2-1-1**



**2-1-1 Texoma Area Information Center has
certified Information Specialists ready to
connect you with local childcare resources.**



TCOG™
better leaders building better lives



TEXAS
Health and Human
Services



**THANK YOU
FOR SERVING
OUR COUNTRY**



**PROTECTING
OUR
*Freedom***



TEXAS
Health and Human
Services



Need help and don't know who to call?



DIAL

2

1

1

We have trained specialists ready to connect you with services.

- Food assistance
- Housing and shelter
- Health services
- Veterans assistance
- Mental health services
- Financial and legal
- Employment help
- Child care and education
- Aging and disability
- Crisis and emergency
- And more

To learn more, go to **211Texas.org**

WE CAN HELP