

Agency Name: Abigail's Arms Cooke County Family Crisis Center
Grant/App: 3642401 **Start Date:** 10/1/2018 **End Date:** 9/30/2019

Project Title: Abigail's Arms Recovery Program
Status: Pending OOG Review

Profile Information

Applicant Agency Name: Abigail's Arms Cooke County Family Crisis Center
Project Title: Abigail's Arms Recovery Program
Division or Unit to Administer the Project: Abigail's Arms Cooke County Family Crisis Center
Address Line 1: Po box 1221
City/State/Zip: Gainesville Texas 76241-1221
Start Date: 10/1/2018
End Date: 9/30/2019
Regional Council of Governments(COG) within the Project's Impact Area: Texoma Council of Governments
Headquarter County: Cooke
Counties within Project's Impact Area: Cooke, Montague

Grant Officials:

Project Director

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Salutation: Ms.
Position: Executive Director

Narrative Information

Project Abstract :

This new project will provide additional support to clients who are victims of domestic violence, sexual assault and identified as being impacted by alcohol and/or substance abuse addiction. Abigail's Arms currently serves victims of violent crime but has seen an increase in barriers for victims who suffer with addiction-related challenges. This project will provide recovery support through intervention counseling, case management, education, information and referrals. This project will fund a Program Coordinator/Counselor, Case worker and Professional Consultants.

Problem Statement :

According to the Texoma Council of Governments 2017 Criminal Justice Community Plan, "Substance abuse is an issue that spans across all segments of the criminal justice system. The Texoma Region has limited resources available for those with substance abuse issues. People abuse alcohol and drugs for a wide range of reasons, but our society pays a significant cost. The toll for this abuse can be seen in the hospitals, jails, and victim centers in the Texoma Region." Substance abuse has been identified as a wide-spread community issue. Lack of funding for implementation of prevention programs, treatments and strategies that decrease alcohol use and drug abuse create a problem that can be addressed with funding from this funding.

Supporting Data :

47% of respondents to the 2016 Texoma Criminal Justice Needs Survey rated the drug related crime in Texoma as very severe. ? Over 9% of respondents to the 2016 Texoma Criminal Justice Needs Survey rated Alcohol use by adolescents age 12-19 at severe to very severe in the Texoma Region. ? Methamphetamine is ranked as the #1 threat in the Dallas area. – Maxwell, Jane C. “Substance Abuse Trends in Texas: June 2015”, The University of Texas at Austin School of Social Work ? 17.9 million Or 7% of the population have alcohol dependence or abuse problems. – www.drugabuse.com ? Alcohol is the primary drug of abuse in Texas. 51% of those in grades 7-12 have used alcohol with 25% doing so within the last month. – Maxwell, Jane C. “Substance Abuse Trends in Texas: June 2015”, The University of Texas at Austin School of Social Work ? The average age of youth clients at treatment centers is 16 years of age. – Texas Department of State Health Services ? In 2009-2010, Texas was one of the top ten states for past year cocaine use among persons age 12-17. – National Survey on Drug Use and Health 2009-2010 ? In 2013, an estimated 24.6 million Americans age 12 or older were current illicit drug users. – National Survey on Drug Use and Health ? The 2006 Texas School Survey of Substance Use surveyed 4th, 5th, and 6th graders in Region 3 and found that nearly 25% of 6th graders have tried alcohol and 1 in 10 has tried inhalants. ? According to CDC’s Youth Risk Behavior Surveillance-United States, 2013, 17.8% of students have taken prescription drugs without a doctor’s prescription. ? There is a lack of local treatment facilities and options in the Texoma Region. – TCOG Focus Groups and Interviews

Project Approach & Activities:

This project will provide additional support to clients who are victims of domestic violence, sexual assault and identified as being impacted by substance abuse addiction. Victims will have access to clinical services including but not limited to; intensive case management, individual and group counseling, Alcohol and Narcotics Anonymous support groups. This project will support a Program Coordinator/Counselor, Case worker and Professional Consultants to ensure that the each project objective and activity is met.

Capacity & Capabilities:

Abigail’s Arms has a history of providing services to victims of sexual assault since 1983 when it opened its doors. In 1989, the agency recognized the need to add services for victims of domestic violence and also began receiving State and Federal support. In 2000, the agency started including services for victims of dating violence and stalking to become more holistic for the clients they were seeing. In 2014, the agency started serving clients through its 24 hr. Emergency Shelter. Since 1989, the agency has had the fiduciary responsibility to oversee Federal, State and local funding. It has successfully managed its awards and has never been on financial hold for any questionable expenditures. Staff participating in this project have completed the certified Office of Attorney General’s Advocate training and /or have degrees in human services fields and/or a minimum of 5 years’ experience in victim’s services. Additionally, the organization has a proven record of 35+ years working with victims of violent crime. The agency contracts with Terrell Counseling Center who provides therapy and counseling services by a Licensed Professional Counselor or a Licensed Professional Counselor Intern.

Performance Management :

This project outcomes and progress will be measured through statistical data collection, client surveys, evaluations and face-to face interviews. The goal of this project is to increase the level and access of support by 80% or more to clients identified as victims of domestic violence, sexual assault and are impacted by alcohol and/or substance abuse.

Data Management:

The agency utilizes a comprehensive data collection base called Osnum. This program is used widely across the State of Texas and allows for several funding sources (including, VOCA, OAG and HHSC) to download

pertinent service reports as well performance reports. Additionally, Cooke Co. Sheriff's Office--Coordinate law enforcement activities relating to crime victim issues, Gainesville Police Department--Coordinate law enforcement activities relating to crime victim issues, Cooke Co. District Attorney's Office--Coordinate judicial activities relating to crime victim issues, Muenster Memorial Hospital--Coordinate medical activities relating to crime victim activities, Adult Protective Department--Coordinate adult probation department activities relating to crime victim issues, Juvenile Probation Department-- Coordinate juvenile probation dept. activities relating to crime victim issues, TX. Dept. of Family & Protective Services--Coordinate child protective activities relating to crime victim issues, CASA--Coordinate child protective activities relating to crime victim issues.

Target Group :

The target group this project will provide for are victims of domestic violence, sexual assault who are also impacted by alcohol and/or substance abuse addiction.

Evidence-Based Practices:

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA assists programs and projects around the country to set best practice standards regarding alcohol and substance abuse treatment/recovery. According to SAMSHA; Domestic violence is the use of intentional emotional, psychological, sexual, or physical force by one family member or intimate partner to control another. Researchers have found that one fourth to one half of men who commit acts of domestic violence have substance abuse problems. The Connections Between Substance Abuse and Domestic Violence • Substance abuse doesn't "cause" domestic violence. • It may afflict both batterers and survivors. • Failure to address domestic violence may interfere with treatment effectiveness. • A substance abusing woman may find her abusive partner becomes angry when she seeks help, and his violence could push her to drop out of treatment. • Some batterers are worse domestic violence offenders when they are sober so partners of such batterers may try to subvert treatment efforts. Goals of a recovery program • Attaining sobriety • Ensuring survivors' safety Create Linkages to effect lasting change, recognize the importance of holistic treatment and link survivors with groups pertinent to their recovery, including: • Domestic violence programs • Health care communities • The criminal justice system • Schools and educational institutes • Employers • Social welfare

Project Activities Information

Selected Project Activities:

ACTIVITY	PERCENTAGE:	DESCRIPTION
Casework, Non-Licensed Counseling, Individual Advocacy, or Other Support	40.00	Abigail's Arms staff will assist with intake, crisis counseling, case management, advocacy, information and referral, medical accompaniment and other support to victims.
Counseling, Therapy, or Other Care Performed by a Licensed Professional	60.00	Abigail's Arms Licensed Professional Counselor or Counseling Intern will provide therapeutic intervention, counseling plan, group/individual counseling, education and information to clients identified in this project

Measures Information

Objective Output Measures

OUTPUT MEASURE	TARGET LEVEL
*REQUIRED TOTAL: Casework, non-licensed counseling, individual advocacy, or other support: Hours delivered by EMPLOYEES	1000
*REQUIRED TOTAL: Casework, non-licensed counseling, individual advocacy, or other support: Hours delivered BY VOLUNTEERS	300
*REQUIRED TOTAL: Casework, non-licensed counseling, individual advocacy, or other support: Individuals receiving	100
*REQUIRED TOTAL: Counseling, therapy, or other care performed by a licensed professional: Hours delivered	10000
*REQUIRED TOTAL: Counseling, therapy, or other care performed by a licensed professional: Individuals receiving	100
Advocacy/ accompaniment / assistance for criminal justice system interactions: Victim individuals receiving	25
Advocacy/ accompaniment for medical care: Individuals receiving	25
Case management or advocacy (general): Individuals receiving	100
Casework/ support/ care: Individuals assessed or screened for needs	100
Licensed counseling/therapy: Individuals assessed or screened for needs	100
Licensed trauma-informed therapy: individuals receiving	100
Licensed treatment for mental health disorders: Individuals receiving	0
Mentoring (general): Individuals receiving	25
Multi-disciplinary care teams: Individuals receiving care	0
Peer support (general): Individuals receiving	100
Referrals to other agencies: Individuals referred	25
Sexual assault exams performed by a certified Sexual Assault Nurse Examiner (SANE): Individuals receiving	0
Sexual assault exams performed by someone other than a certified Sexual Assault Nurse Examiner (SANE): Individuals receiving	0
Sexual Assault Response Teams (SART) (MUST include a law enforcement representative, medical professional, and community-based advocate): Individuals receiving COORDINATED CARE	0
Victim-offender meetings: Victims participating	0
Victims assisted with developing safety plans (non-residential)	0

Objective Outcome Measures

OUTCOME MEASURE	TARGET LEVEL
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Custom Output Measures

CUSTOM OUTPUT MEASURE	TARGET LEVEL
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Custom Outcome Measures

CUSTOM OUTCOME MEASURE	TARGET LEVEL
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Budget Details Information

Budget Information by Budget Line Item:

CATEGORY	SUB CATEGORY	DESCRIPTION	OOG	CASH MATCH	IN-KIND MATCH	TOTAL	UNIT/%
Personnel	Case Worker	The intake caseworker position will provide victims intakes, crisis intervention, and information and referral. This position will be the first point of contact to ensure clients are directed to the correct services. The total compensation for this position is \$32,000 and the fringe amount including health insurance is \$2,488.00. for a total of \$34,448.00 annually. The percentage of time this position will work on this grant is 40%. Virginia Garcia	\$15,000.00	\$0.00	\$0.00	\$15,000.00	40
Personnel	Counselor and/or Therapist (licensed)	Project Coordinator and Licensed Professional Counseling Intern will provide counseling to substance abuse related cases. Therapist will focus therapeutic treatment for victims affected by substance abuse. Therapist will also provide project coordination on this grant. Position will include an average of 30 hours per week at \$25.00 per hour. The total compensation for this position is \$52,000 and the fringe amount including health insurance is \$4,000. for a total of \$56,000.00 annually. Approximately 60% of the therapist time is allocated to this grant. Jessica Hill LPC-I	\$30,000.00	\$0.00	\$0.00	\$30,000.00	60
Personnel	Intern, Mentor, Service Provider, Student Worker, and/or Support Staff	Volunteer Hours include working with clients in emergency shelter, answering crisis hotline, and providing transportation to victims. This rate is calculated at the current rate of \$15.00 per hour X 800 hours for a total of \$15,000.	\$0.00	\$0.00	\$15,000.00	\$15,000.00	100
Contractual and Professional Services	Non-Residential Services	This contractual professional consultant/Life Coaching service will provide mentorship, advocacy and support as part of	\$10,000.00	\$0.00	\$0.00	\$10,000.00	0

		this program. This position includes approximately 4 hours per week at \$40.00 per hour. 30% of this contracts compensation is allocated to this grant. The Changing Table					
Supplies and Direct Operating Expenses	Cellular, Fax, Pager, and/or Office Telephone	Includes office telephone system and internet services. This is determined by the FTE cost allocation method. We base the amount of the telephone/internet charges in any given month on the percentage of time funded personnel work on this grant.	\$500.00	\$0.00	\$0.00	\$500.00	0
Supplies and Direct Operating Expenses	Desktop System and Accessories (\$5,000 or less per unit)	A computer workstation will be needed by a grant funded staff to document cases and store data. This purchase will include set up and configuration and will include workstation, monitor, keyboard, and mouse.	\$2,000.00	\$0.00	\$0.00	\$2,000.00	0
Supplies and Direct Operating Expenses	Office Supplies (e.g., paper, postage, calculator)	Office supplies will need to be purchased for this new program. This includes paper, pens, paper clips, file folders, and hanging file folders. Cost of these supplies will be a one time direct cost. Office supplies will be purchased in bulk with the objective to last the entirety of the grant period.	\$1,300.00	\$0.00	\$0.00	\$1,300.00	0
Supplies and Direct Operating Expenses	Electric, Gas, and/or Water / Wastewater	Includes electric, gas, and water services. This is determined by the FTE cost allocation method. We base the amount of the utilities charges in any given month based on the percentage of time grant funded personnel work on this grant.	\$1,200.00	\$0.00	\$0.00	\$1,200.00	0

Budget Summary Information

Budget Summary Information by Budget Category:

CATEGORY	OOG	CASH MATCH	IN-KIND MATCH	TOTAL
Personnel	\$45,000.00	\$0.00	\$15,000.00	\$60,000.00
Contractual and Professional Services	\$10,000.00	\$0.00	\$0.00	\$10,000.00
Supplies and Direct Operating Expenses	\$5,000.00	\$0.00	\$0.00	\$5,000.00

Budget Grand Total Information:

OOG	CASH MATCH	IN-KIND MATCH	TOTAL
\$60,000.00	\$0.00	\$15,000.00	\$75,000.00