

**Agency Name:** Fannin County Juvenile Services

**Grant/App:** 2806206 **Start Date:** 10/1/2019 **End Date:** 9/30/2020

**Fund Source:** JA-Juvenile Justice and Delinquency Prevention Allocation to States

**Project Title:** Structured Family Therapy

### **Profile Information**

**Applicant Agency Name:** Fannin County Juvenile Services

**Project Title:** Structured Family Therapy

**Division or Unit to Administer the Project:** Juvenile Probation

**Address Line 1:** 1203 East Sam Rayburn Dr.

**City/State/Zip:** Bonham Texas 75418-9998

**Start Date:** 10/1/2019

**Counties within Project's Impact Area:** Fannin

### **Project Director**

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**Title:** Mr.

**Salutation:** Chief

**Position:** Director, Fannin County Juvenile Services

### **Project Abstract :**

Fannin County Juvenile Services provides services to children and families in Fannin County, Texas who have allegedly violated the law. The Department supervises kids who are on probation but also, kids who are awaiting disposition in their cases. The Structure Family Therapy program is a "last effort" at rehabilitation for children who are at risk for being placed out of the home or at risk for being sent to the Texas Juvenile Justice Department-Institutional Division. This program is a community based effort with therapy being provided in the home with the child, parent or extended family, and siblings as well that teaches the family how to interact appropriately with the child. It sets specific goals for each family in order to be successful immediately and in the future.

### **Problem Statement :**

Fannin County Juvenile Services is a small rural department located approximately one and a half hours northeast of Dallas. The county population is approximately 35,000 and has limited resources. The majority of families fall at or below the poverty range and children who find themselves in the criminal justices system are usually indigent. The department has very limited funds to rehabilitate children. The department contracts with individual counselors, Liberty Resources, and various residential programs across the State. Unfortunately, these programs are costly and Juvenile Services does not have unlimited funding for these programs. The department is funded by the State and locally from the County, both of which have cut funding to the department in previous years. The focus of the funding sought from the State will be directed at funding the Liberty Resources program, which we will lose if funds are not made available. The Liberty Resources program will target the children who are at-risk of being placed outside the home or in the Texas Juvenile Justice Department in an Institutional setting. The idea behind the program is to keep the most severe at-risk children in their homes and in the community for rehabilitation, rather than being placed outside the home or in an institutional setting. This program is prevention and intervention based and ideally diverts kids from state institutions (TJJD.)

### **Supporting Data :**

The Structured Family Therapy program will serve a minimum of 8 families within the time frame. 85% of

those children will complete the program and not be revoked or placed outside of the home. The program will be based within the community and will help the department meet its commitment reduction goal as set by the Texas Juvenile Justice Department of committing only one youth per fiscal year to the institutional division. It will also meet the goals of the grant guidelines by providing counseling or therapy to the child and family. The final goal/outcome will be that out of the youth who complete the treatment program, approximately 70% will not be arrested or placed out of the home within six months of completing treatment.

**Project Approach & Activities:**

The Texoma Region Community Plan identifies 3 areas aimed at juvenile justice and delinquency prevention. They include: Reducing the use of drugs and alcohol within the juvenile population, substantially reduce youth crimes, anti-social behaviors, and truancies, and decrease the number of teen pregnancies within the Texoma Region. The goal of Fannin County Juvenile Services is to supervise and rehabilitate children who have committed crimes. It is the philosophy of the department to utilize as many community resources as possible to rehabilitate the child without removing him from the home. This includes counseling, community service, and supervision from the department. The Structured Family Therapy program not only provides counseling and therapy to the child but also to the family as well. We feel strongly that rehabilitation is needed by the child but also, the child's environment. That change must occur within the family structure and includes parents, siblings, and any other relatives that are involved heavily with the child's upbringing.

**Capacity & Capabilities:** Without grant funds, our organization could not have this program. At the current time, we do have grant funding and serve between 8-10 families per year. We could expand the program but we would have to obtain additional funding from other sources in order to do so. We have utilized this program for several years and have had great success to date. The program assists families as a whole and touches many lives.

**Performance Management :**

The goal of this project is to assist Fannin County Juvenile Services with the ability to rehabilitate as many children and families as possible within the community through therapeutic means. We place very few children outside of the home thanks to this program. The program diverts children from the Texas Juvenile Justice Department as well as residential treatment providers across the nation. There is a dramatic cost savings in comparing children who are placed outside of the home and those that are rehabilitated locally.

**Target Group :**

The Liberty Resources program is fully functional at this time. In fiscal year 2017, we served 9 children and their families. In 2018, we also served 9 youth and their families. To date in fiscal year 2019 we have served 4 children and their families. We are on target to serve at least 8 families in the program and possibly more. Data to this point is correct and on target to reach appropriate goals.

**Evidence-Based Practices:**

The Placement Diversion / Family Reunification Program (PD/FRP) or "Liberty Resources" is an in-home, community based treatment program with a clinical foundation in the evidenced based Structural Family Therapy model. The program is also outcome data driven, with Fannin County receiving quarterly outcome reports. The data is reviewed between the Fannin County Juvenile Probation Chief and the Liberty Resources Clinical Director to ensure that there is objective evidence that the program is resulting in positive outcomes for youth and families.

**Selected Project Activities:**

ACTIVITY	PERCENTAGE:	DESCRIPTION
Community-Based Programs and Services	50.00	The program is community based. Therapist meet with the family and child at minimum of once per week. The therapist also locates and provides outside resources that are local and available to the family for long term success.

Diversion	50.00	This program is designed for the children who are most at-risk for being removed from their homes and being sent to the Texas Juvenile Justice Department-Institutional Division. Children are also diverted from out of home (contracted) placements. This allows the children to remain in the home and get the therapy needed to stay in the community for rehabilitation.
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**Measures Information**

<b>OUTPUT MEASURE</b>	<b>TARGET LEVEL</b>
Number of program youth served.	8
Number of program youth completing program requirements.	8

**Budget Information by Budget Line Item:**

<b>CATEGORY</b>	<b>SUB CATEGORY</b>	<b>DESCRIPTION</b>	<b>OOG</b>	<b>CASH MATCH</b>	<b>IN-KIND MATCH</b>	<b>GPI</b>	<b>TOTAL</b>	<b>UNIT/%</b>
Contractual and Professional Services	Substance Abuse-Related Case Management, Counseling, Outpatient, and/or Treatment Services	Services are contracted with Liberty Resources, Inc.	\$50,000.00	\$0.00	\$0.00	\$0.00	\$50,000.00	0

**Budget Summary Information by Budget Category:**

<b>CATEGORY</b>	<b>OOG</b>	<b>CASH MATCH</b>	<b>IN-KIND MATCH</b>	<b>GPI</b>	<b>TOTAL</b>
Contractual and Professional Services	\$50,000.00	\$0.00	\$0.00	\$0.00	\$50,000.00

**Budget Grand Total Information:**

<b>OOG</b>	<b>CASH MATCH</b>	<b>IN-KIND MATCH</b>	<b>GPI</b>	<b>TOTAL</b>
\$50,000.00	\$0.00	\$0.00	\$0.00	\$50,000.00