

Agency Name: Fannin County
Grant/App: 2806208 **Start Date:** 10/1/2021 **End Date:** 8/31/2022

Project Title: Structured Family Therapy
Status: Pending OOG Review

Profile Information

Applicant Agency Name: Fannin County
Project Title: Structured Family Therapy
Division or Unit to Administer the Project: Juvenile Probation
Address Line 1: 1203 East Sam Rayburn Dr.
Address Line 2:
City/State/Zip: Bonham Texas 75418-9998
Start Date: 10/1/2021
End Date: 8/31/2022
Regional Council of Governments(COG) within the Project's Impact Area: Texoma Council of Governments
Headquarter County: Fannin
Counties within Project's Impact Area:
Fannin

Grant Officials:

Project Director

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Title: Mr.
Salutation: Chief
Position: Director, Fannin County Juvenile Services

Narrative Information

Project Abstract :

Fannin County Juvenile Services provides services to children and families in Fannin County, Texas who have allegedly violated the law. The Department supervises kids who are on probation but also, kids who are awaiting disposition in their cases. The Structure Family Therapy program is a "last effort" at rehabilitation for children who are at risk for being placed out of the home or at risk for being sent to the Texas Juvenile Justice Department-Institutional Division. This program is a community based effort with therapy being provided in the home with the child, parent or extended family, and siblings as well that teaches the family how to interact appropriately with the child. It sets specific goals for each family in order to be successful immediately and in the future.

Problem Statement :

Fannin County Juvenile Services is a small rural department located approximately one and a

half hours northeast of Dallas. The county population is approximately 35,000 and has limited resources. The majority of families fall at or below the poverty range and children who find themselves in the criminal justices system are usually indigent. The department has very limited funds to rehabilitate children. The department contracts with individual counselors, Liberty Resources, and various residential programs across the State. Unfortunately, these programs are costly and Juvenile Services does not have unlimited funding for these programs. The department is funded by the State and locally from the County, both of which have cut funding to the department in previous years. The focus of the funding sought from the State will be directed at funding the Liberty Resources program, which we will lose if funds are not made available. The Liberty Resources program will target the children who are at-risk of being placed outside the home or in the Texas Juvenile Justice Department in an Institutional setting. The idea behind the program is to keep the most severe at-risk children in their homes and in the community for rehabilitation, rather than being placed outside the home or in an institutional setting. This program is prevention and intervention based and ideally diverts kids from state institutions (TJJD.)

Supporting Data :

The Structured Family Therapy program will serve a minimum of 8 families within the time frame. 85% of those children will complete the program and not be revoked or placed outside of the home. The program will be based within the community and will help the department meet its commitment reduction goal as set by the Texas Juvenile Justice Department of committing only one youth per fiscal year to the institutional division. It will also meet the goals of the grant guidelines by providing counseling or therapy to the child and family. The final goal/outcome will be that out of the youth who complete the treatment program, approximately 70% will not be arrested or placed out of the home within six months of completing treatment. In FY 2020, this program serviced seven families. This did not meet our goal for the fiscal year. We attribute this to the COVID-19 pandemic. Referrals were down during the nationwide lockdown. Six youth were discharged during this reporting period (September 1, 2019-August 31, 2020). One of those six was discharged administratively by the probation department or the Court due to moving out of our jurisdiction. Five youth had the opportunity during this reporting period to complete the program and each of those did. We have one youth pending a successful discharge and one youth is still currently working the program and considered an open case. Of the 5 that completed the program, 100% of them completed all treatment which met our goal of 75%. None of them were revoked or placed outside of the home, which meets our goal of 85% for the fiscal year. None of those youth experienced any arrest during treatment which also meets our goal of 85% for the fiscal year. Out of all the families that were in the program during the 2020 fiscal year, all of them were enrolled in school and or working. Finally, based on closed cases with contact after 6 months "post-treatment", 6 youth (86%) had not been arrested for a new offense or placed out of the home. One youth aged out of the Juvenile Justice system and was arrested as an adult.

Project Approach & Activities:

The Texoma Region Community Plan identifies 3 areas aimed at juvenile justice and delinquency prevention. They include: Reducing the use of drugs and alcohol within the juvenile population, substantially reduce youth crimes, anti-social behaviors, and trancies, and decrease the number of teen pregnancies within the Texoma Region. The goal of Fannin County Juvenile Services is to supervise and rehabilitate children who have committed crimes. It is the philosophy of the department to utilize as many community resources as possible to rehabilitate

the child without removing him from the home. This includes counseling, community service, and supervision from the department. The Structured Family Therapy program not only provides counseling and therapy to the child but also to the family as well. We feel strongly that rehabilitation is needed by the child but also, the child's environment. That change must occur within the family structure and includes parents, siblings, and any other relatives that are involved heavily with the child's upbringing.

Capacity & Capabilities:

Without grant funds, our organization could not have this program. At the current time, we do have grant funding and serve between 8-10 families per year. At this time we are attempting to expand this program so that every child and family can receive services through Liberty Resources. It should be noted that the Fannin County Behavioral Leadership Team is also examining the possibility of bringing Liberty Resources to Fannin County beyond Juvenile Probation. Ideally, we would like to offer services across the County to all youth and families in need of services.

Performance Management :

The goal of this project is to assist Fannin County Juvenile Services with the ability to rehabilitate as many children and families as possible within the community through therapeutic means. We place very few children outside of the home thanks to this program. The program diverts children from the Texas Juvenile Justice Department as well as residential treatment providers across the nation. There is a dramatic cost savings in comparing children who are placed outside of the home and those that are rehabilitated locally.

Target Group :

The Liberty Resources program is fully functional at this time. In fiscal years 2017 through 2019, we served 9 children and their families respectively. In fiscal year 2020, we also served 7 children and their families. We attribute the drop in referrals to the COVID-19 pandemic. Department referrals from Law Enforcement agencies were down in March-August 2020. In the current fiscal year we have served 3 children and their families but are on target to reach appropriate goals.

Evidence-Based Practices:

The Placement Diversion / Family Reunification Program (PD/FRP) or "Liberty Resources" is an in-home, community based treatment program with a clinical foundation in the evidenced based Structural Family Therapy model. The program is also outcome data driven, with Fannin County receiving quarterly outcome reports. The data is reviewed between the Fannin County Juvenile Probation Director and the Liberty Resources Clinical Director to ensure that there is objective evidence that the program is resulting in positive outcomes for youth and families.

Project Activities Information

Selected Project Activities:

ACTIVITY	PERCENTAGE:	DESCRIPTION
Community-Based Programs and Services	100.00	We contract with Liberty Resources, Inc. for this Community-Based Program. This program is designed for the children who are most at-risk for being removed from

		their homes and being sent to the Texas Juvenile Justice Department-Institutional Division or from out of home (contracted) placements. This program allows the children to remain in the home and get the therapy needed to stay in the community for rehabilitation. The program also focuses on family intervention and rehabilitation to change the environment in which the child is being raised.
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Measures Information

Objective Output Measures

OUTPUT MEASURE	TARGET LEVEL
Number of hours of service completed by program youth.	0
Number of program youth served.	12

Objective Outcome Measures

OUTCOME MEASURE	TARGET LEVEL
Number of program youth completing program requirements.	12
Number of program youth who offend or reoffend.	0

Custom Output Measures

CUSTOM OUTPUT MEASURE	TARGET LEVEL
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Custom Outcome Measures

CUSTOM OUTCOME MEASURE	TARGET LEVEL
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Budget Details Information

Budget Information by Budget Line Item:

CATEGORY	SUB CATEGORY	DESCRIPTION	OOG	CASH MATCH	IN-KIND MATCH	TOTAL	UNIT/%
Contractual and Professional Services	Substance Abuse-Related Case Management, Counseling, Outpatient, and/or Treatment Services	Services are contracted with Liberty Resources, Inc. . Contract with Liberty Resources - They provide (hire) the counselors as well as the supervision of those	\$50,000.00	\$0.00	\$0.00	\$50,000.00	0

		<p>counselors, travel, etc. The flat rate is \$50,000. Breakdown for contract is as follows: . 1. Salary and Benefits: Total - \$26,600 . This includes salary and benefits for the half time Treatment Specialist. Salary is \$20,000 (part time) and benefits (33%) are \$6,600. . 2. Clinical/Program Supervision: Total - \$9,700 . This includes \$5,800 for the Clinical Director (0.1 of time for Clinical Supervision) to ensure the clinical services the youth and families receive are consistent with the program model and will result in successful outcomes. To this end, the Clinical Director reviews each family's progress and</p>					
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		<p>needs with the Treatment Specialist on a weekly basis, develops a written plan for each family of a weekly basis, is on-call for high risk cases, provides clinical development activities for the Treatment Specialist, and provides clinical trainings throughout the year.. This also includes \$3,900 for Regional Director (0.05 of time for Program Supervision). These funds pay for the general supervision of the program including monitoring performance, creating and disseminating reports, troubleshooting issues as they arise, providing funding support (providing information for grants and other funding</p>					
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		<p>sources), and coordinating information to assist the county in ensuring youth and families in Fannin County are successful. . The above amounts reflect the cost is providing the services listed and do not include benefits.. 3. Staff Travel: Total - \$8,000. This includes Treatment Specialist travel for Service provision (200 miles per week x \$0.54) which consists of Treatment Specialist travel to client homes and placement facilities, and the travel expenses for the Clinical Director for bi-annual program reviews (airfare, rental car, hotel) (\$1400 per trip x 2 trips annually). . . 4. Trainings: Total - \$875. This includes</p>					
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		<p>the development and presentation of bi-annual trainings for the Probation Department consisting of Training Development (\$340 x 2 Trainings / \$56 obtaining credits from TJJD (2 hours Clinical Director) / \$280 researching, preparing, and presenting the training (10 hours Clinical Director; Presentation Supplies for Experiential Activities (\$100 x 2 Trainings). . . Three Fannin County probation staff attend these training. . . 5. Client Assistance: Total - \$400. This includes \$50 for each family x 8 families to assist with goal attainment. . . 6. Program Equipment: Total - \$450 . This includes</p>					
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		cell phone expense of \$400 and office supplies expense of \$50 for paper, pens, etc.. . 7. Program Administration : Total - \$4,600 . Includes 10% fee for support services (i.e., HR, IT, Finance, Etc.) . Full Total = \$50,625 (with an in-kind contribution from Liberty Resources of \$625).					
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Budget Summary Information

Budget Summary Information by Budget Category:

CATEGORY	OOG	CASH MATCH	IN-KIND MATCH	TOTAL
Contractual and Professional Services	\$50,000.00	\$0.00	\$0.00	\$50,000.00

Budget Grand Total Information:

OOG	CASH MATCH	IN-KIND MATCH	TOTAL
\$50,000.00	\$0.00	\$0.00	\$50,000.00